

TAGORE MEDICAL COLLEGE AND HOSPITAL

RATHINAMANGALAM, CHENNAI - 127

ANNUAL SPORTS MEET



REPORT

DEPARTMENT OF PHYSICAL EDUCATION



TAGORE MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Melakotaiyur (PO), Chennai - 600127

The Management, Dean, Staff and Students are Cordially Invite you for the

3rd ANNUAL SPORTS DAY - PORKALAM' 2019

29th, November 2019 (Friday) at 10.30 a.m. in the College Premises

Chief Guest

JAYASANKAR MENON

(Asian All Star Basketball Player & Former Indian Team Captain)

has kindly Consented to be The Chief Guest and give away the prizes

Prof.Dr. M. MALA, M.A., M.Phil., Ph.D., Chairperson & Managing Trustee

Shri.G.MANIKANDAN

Secretary, Tagore Educational Trust.

will preside over the function

Dr. K. SIVAPRAKASAM, M.S., Dr. N. GUNASEKARAN, M.D., DTCD.,
Medical Superintendent Dean





TAGORE MEDICAL COLLEGE AND HOSPITAL

RATHINAMANGALAM, CHENNAI – 127.

DEPARTMENT OF PHYSICAL EDUCATION

SPORTS ACHIEVEMENTS 2018-2019

S.NO.	YEAR	NAME & EVENT	POSITION	VENUE & LEVEL OF THE EVENT
1.	2018	KARATE : S.SURYAPRAKASH - IV	GOLD	TAMILNADU SENIOR STATE KARATE
				CHAMPIONSHIP HELD AT JJ
				STADIUM, CHENNAI
2.	2018	KARATE : S.SURYAPRAKASH - IV		REPRESENTED FOR TAMILNADU
				STATE IN SENIOR NATIONAL
				KARATE CHAMPIONSHIP' 2018
				HELD AT NETAJI SUBASH CHANDRA
				BOSE STADIUM, KOLKATA.
3.	2018	CARROM – WOMEN		INTER MEDICAL – STATE LEVEL,
		K.NAGADIVYA-CRRI, & M.RAMYA-	1	Organised by Karpagavinayaga
		CRRI		Institute of Medical Sciences.
4.	2018	CARROM – WOMEN		INTER MEDICAL – STATE LEVEL,
		S.ARCHANA-CRRI & E.OVIYA-IV	II	Organised by Karpagavinayaga
				Institute of Medical Sciences.
5.	2018	CHESS – WOMEN		INTER MEDICAL – STATE LEVEL,
		P.MONISHA – CRRI	III	Organised by Karpagavinayaga
				Institute of Medical Sciences.
6.	2018	CARROM – WOMEN		INTER MEDICAL – STATE LEVEL,
		K.NAGADIVYA-CRRI , & M.RAMYA-	1	Organised by Stanly Medical
		CRRI		College.
7.	2018	CHESS – WOMEN		INTER MEDICAL – STATE LEVEL,
		P.MONISHA-CRRI	1	Organised by Stanly Medical
		7		College.
8.	2018	BADMINTON -MEN	WINNER	INTER MEDICAL – STATE LEVEL,
		N.SANTHOSH -IV &		Organised by-TIMS ENCHIERIO
		K.SANTHANA KRISHNAN -II		MADRAS MEDICAL COLLEGE
		DAVE MATHEW-II		
9.	2018	BADMINTON -MEN	RUNNER	INTER MEDICAL – STATE LEVEL,
		N.SANTHOSH -IV &		Organised by-VELLORE MEDICAL
		K.SANTHANA KRISHNAN -II		COLLEGE
		DAVE MATHEW-II		
10.	2018	FOOTBALL-MEN	RUNNER	INTER MEDICAL – STATE LEVEL,
			1 2 2	Organised by-CHETTINAD MEDICAL

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Chennai-600 127.

			3	COLLEGE CHETFUSION
11.	2018	BADMINTON -MEN N.SANTHOSH -IV &	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by-CHENGALPATTU
		K.SANTHANA KRISHNAN -II DAVE MATHEW-II		MEDICAL COLLEGE
12.	2018	CRICKET	THIRD	INTER MEDICAL – STATE LEVEL
			POSITION	Organised by Stanly Medical College.
13.	2019	CRICKET	THIRD	AFFINITY 2019 INTER MEDICAL -
	200		POSITION	STATE LEVEL, Organised by
				KARPAGA VINAYAGA
				INTERMEDICAL COLLEGE
14.	2019	CARROM	THIRD	AFFINITY 2019 INTER MEDICAL -
			POSITION	STATE LEVEL, Organized by
				KARPAGA VINAYAGA
				INTERMEDICAL COLLEGE
15.	2019	BADMINTON - WOMEN		SURVIVA 2019 INTER MEDICAL -
		Y.KEETHANA-II & R.RENITA-II	WINNER	STATE LEVEL Organised by -GOVT.
				MEDICAL COLLEGE OMANDUR
16.	2019	BADMINTON -MEN	THIRD	SURVIVA 2019 INTER MEDICAL -
		N.SANTHOSH -IV &		STATE LEVEL Organized by -GOVT
		K.SANTHANA KRISHNAN -II		MEDICAL COLLEGE OMANDUR
17.		ATHELTICS:-	1	STANLEA 2019 INTER MEDICAL -
		DISCUS -WOMEN		STATE LEVEL Organized by -GOVT
		KEETHANA-II		STANLEY MEDICAL COLLEGE)
		SHOTPUT- WOMEN KEERTHANA-II	1	
18.	2019	BADMINTON -MEN	RUNNER	STANLEA 2019 INTER MEDICAL -
		N.SANTHOSH- IV &		STATE LEVEL Organized by -GOVT.
		K.SANTHANA KRISHNAN- II		STANLEY MEDICAL COLLEGE)
19.	2019	KARATE:	GOLD	TAMILNADU SENIOR STATE KARA
		S.SURYAPRAKASH - IV		CHAMPIONSHIP-2019 HELD AT JJ
		=		STADIUM, CHENNAI
20.	2019	KARATE:	THIRD	REPRESENTED FOR TAMILNADU
		SURYA PRAKASH - IV	POSITION	STATE IN SENIOR NATIONAL
				KARATE CHAMPIONSHIP-2019
				HELD AT NEW DELHI
21.	2019	BADMINTON -MEN	RUNNER	INTER MEDICAL – STATE LEVEL,
		N.SANTHOSH- IV &		Organized by GOVT. VILLUPURAN
		K.SANTHANA KRISHNAN-II		MEDICAL COLLEGE
22.	2019	ATHELTICS:		AADUGALAM 2K19 INTER MEDICA
	E 6 8	SHOTPUT	WINNER	- STATE LEVEL, Organized by
		KEERTHANA-II	RUNNER	KILPAUK MEDICAL COLLEGE
		HANSCIE DINAH-II		
22	2019	TABLE TENNIS (MENS)	THIRD	AADUGALAM 2K19 INTER MEDICA
23.	2013			THE STATE OF THE S

		VIJAY BHARATH-III		KILPAUK MEDICAL COLLEGE
24.	2019	BADMINTON -WOMEN	THIRD	AADUGALAM 2K19 INTER MEDICAL
		Y.KEETHANA-II	POSITION	- STATE LEVEL, Organized by
		& R.RENITA-II		KILPAUK MEDICAL COLLEGE
25.	2019	BADMINTON -MENS		INTER MEDICAL – STATE LEVEL,
		N.SANTHOSH -IV &	THIRD	Organized by GOVT. THANJAVUR
		VIGNESH RAM -II	POSITION	MEDICAL COLLEGE TOURNAMENT
26.	2019	ATHELTICS		MMC (ENCIERO) INTER MEDICAL -
		SHOTPUT		STATE LEVEL, Organized by Madras
		KEERTHANA-II	1	medical college Chennai,
		HANSCIE DINAH-II	II	
27.	2019	BADMINTON -MENS	THIRD	MMC (ENCIERO) INTER MEDICAL -
		N.SANTHOSH-IV &	POSITION	STATE LEVEL, Organized by Madras
		K.SANTHANA KRISHNAN-II	=	medical college Chennai,
		ARUL XAVIER-CRRI		
28.	2019	FOOTBALL	THIRD	MMC (ENCIERO) INTER MEDICAL –
			POSITION	STATE LEVEL, Organized by Madras
				medical college Chennai,
29.	2019	TABLE TENNIS	THIRD	MMC (ENCIERO) INTER MEDICAL -
		VIJAY BHARATH-II	POSITION	STATE LEVEL, Organized by Madras
		ABINANTH DEEPAK-IV		medical college Chennai,
30.	2019	TABLE TENNIS		INTER MEDICAL – STATE LEVEL,
Tally 141		SINGLES: VIJAY BHARATH-II	RUNNER	Organized by MELMARUVATHUR
				AADI PARASHAKTHI INSTITUTION
April 2				OF MEDICAL SCIENCE
31.	2019	DOUBLES:	RUNNER	INTER MEDICAL – STATE LEVEL,
		VIJAY BHARATH-II &		Organized by MELMARUVATHUR
-		AJITH		AADI PARASHAKTHI INSTITUTION
				OF MEDICAL SCIENCE
32.	2019	RELAY-MEN	THIRD	INTER MEDICAL – STATE LEVEL,
		VIGNESH RAM-II, VIGNESH -II		Organized by CHETTINAD MEDICAL
		JAYASURYA-II, LOHESH.V-II	5	COLLEGE
33.	2019	TABLE TENNIS	RUNNER	INTER MEDICAL – STATE LEVEL,
		DOUBLES:		Organized by CHETTINAD MEDICAL
12.11		VIJAY BHARATH-II &		COLLEGE
		ABINANTH-IV		Laconomic
34.		TABLE TENNIS	RUNNER	MMC (ENCIERO) INTER MEDICAL -
		SINGLES: VIJAY BHARATH-II		STATE LEVEL, Organized by Madras
				medical college Chennai
35.	2019	TABLE TENNIS	RUNNER	MMC (ENCIERO) INTER MEDICAL -
		MIXED DOUBLES:		STATE LEVEL, Organized by Madras
		VIJAY BHARATH-II & NAVEENA -CRRI		medical college Chennai.
Edge -				

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DEAN TAGORE MEDICAL COLLEGE & HOSPITAL RATHINAMANGALAM, MELAKOTTAIYUR POST, Chennai-600 127.

DEPARTMENT OF PHYSICAL EDUCATION 3rd ANNUAL SPORTS MEET - PORKALAM' 2019

Student's event

S. NO	EVENTS FOR MEN	SCHEDULED DATES	S. NO	EVENTS FOR WOMEN	SCHEDULED DATES
01	CHESS	Sep 18 - Sep 19	01	CARROM	Sep 18 - Sep 19
02	FOOTBALL (5 A SIDE)	Sep 18 - Sep 21	02	THROW BALL	Sep 18 - Sep 20
03	TABLE TENNIS	Sep 30 - Oct 2	03	CHESS	Sep 20 - Sep 21
04	CARROM	Sep 20 - Sep 21	04	КНО-КНО	Sep 20 - Sep 21
05	CRICKET	Sep 30 - Oct 3	05	TABLE TENNIS	Sep 30 - Oct 2
06	VOLLEY BALL	Sep 26 - Sep 28	06	BADMINTON	Oct 1 - Oct 2
07	BADMINTON	Oct 1 - Oct 2	07	ATHLETICS	Oct 2 - Oct 4
08	ATHLETICS	Oct 2 - Oct 4			
		STAFF	EVEN	IT	
01	CRICKET	Oct 11	01	THROW BALL	Oct 11
02	CARROM	Oct 9	02	TABLE TENNIS	Oct 9
03	CHESS	Oct 10	03	CARROM	Oct 10
04	TABLE TENNIS	Oct 4	04	CHESS	Oct 4
05	BADMINTON	Oct 1 - Oct 2	05	BADMINTON	Oct 1- Oct 2

RULES AND REGULATIONS

- 1. Indoor Games: Chess and Carrom Knock out basis (Men-2: Women-2) teams allowed per batch. Badminton and Table Tennis League basis (Men-1: Women-1) team allowed per batch.
- 2. Outdoor Games: League basis (Men-1: Women-1) team allowed per batch.
- 3. Athletics: A Student can participate only in 3 events (2 Track & 1 Field or 1 Track & 2 Field) excluding relay events. 100 meters & 200 meters Race only 3 entries allowed per batch. For other events no restrictions in entries.
- 4. Umpire decision is final.

SPORTS SECRETARIES: MEN: Gowtham surya.D

WOMEN:

Naveena.M

S.NO.	YEAR		CAPTAIN'S NAME
		MEN	WOMEN
01	CRRI	D.Gowtham surya	Naveena.M
02	FINAL	Arul raj.B	Swetha.E
03	THIRD	Harish kumar.S	Devidharshini
04	SECOND	Gautham.J	Dorothy
05	SECOND (NEW)	Harish V	Percy Mary Varghese
06	FIRST	Jayasurya	Missba

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DEPARTMENT OF PHYSICAL EDUCATION

3rd ANNUAL SPORTS MEET - PORKALAM' 2019

ATHLETICS

S.	EVENTS FOR MEN	SCHEDULED	S.	EVENTS FOR	SCHEDULED
NO		DATES	NO	WOMEN	DATES
01	100 METERS	Oct 2 - Oct 4	01	100 METERS	Oct 2 - Oct 4
02	200 METERS	Oct 2 - Oct 4	02	200 METERS	Oct 2 - Oct 4
03	400 METERS	Oct 2 - Oct 4	03	400 METERS	Oct 2 - Oct 4
04	1500 METERS	Oct 2 - Oct 4	04	800 METERS	Oct 2 - Oct 4
05	SHOTPUT	Oct 2 - Oct 4	05	SHOTPUT	Oct 2 - Oct 4
06	DISCUS	Oct 2 - Oct 4	06	DISCUS	Oct 2 - Oct 4
07	JAVELIN	Oct 2 - Oct 4	07	JAVELIN	Oct 2 - Oct 4
08	4X100 METERS RELAY	Oct 2 - Oct 4	08	4X100 METERS RELAY	Oct 2 - Oct 4
09	4X200 METERS RELAY	Oct 2 - Oct 4	09	4X200 METERS RELAY	Oct 2 - Oct 4
10	4X1	.00 METERS MIXED	MEDLE	Y RELAY Oct 2 - Oct 4	

RULES AND REGULATIONS

Athletics: A Student can participate only in 3 events (2 Track & 1 Field or 1 Track & 2 Field) excluding relay events. 100 meters & 200 meters Race only 3 entries allowed per batch. For other events no restrictions in entries. Relay events 1 entries allowed per batch.

POINTS:-

GAMES:

WINNER - 40 POINTS & RUNNER - 30 POINTS

ATHLETICS:

FIRST – 10 POINTS, SECOND – 07 POINTS & THIRD – 04 POINTS

RELAY: FIRST - 20 POINTS, SECOND - 15 POINTS & THIRD - 10

POINTS



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DEAN

1	CHESS	REBELLIONZZ-A	REBELLOIONZ-B
2	CARROM	DEXTROGANS-A	DEXTROGANS-B
3	TABLE TENNIS	ELIXIRS	TROEZIANZ
4	VOLLEY BALL	EXCELSIORS	DEXTROGANS
5	CRICKET	DEXTROGANS	EXCELSIORS
6	FOOTBALL	ELIXIRS	REBELLIONZZ
7	BADMINTON	EXCELSIORS	DEXTROGANS

S.NO.		WOMEN		
	EVENT	WINNER	RUNNER	
1	CHESS	EXCELSIORS	TROEZIANZ	
2	CARROM	TROEZIANZ	REBELLIONZZ	
3	TABLE TENNIS	TROEZIANZ	ZENOLANTZ	
4	THROWBALL	ELIXIRS	TROEZIANZ	
5	кно-кно	DEXTROGANS	REBELLIONZZ	
6	BADMINTON	EXCELSIORS	REBELLIONZZ	



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3rd ANNUAL SPORTS MEET – PORKALAM' 2019

<u>ATHLETIC RESULTS</u>

MEN

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EVENTS	1 ST POSITION	2 ND POSITION	3 RD POSITION
100mts	VIGNESH RAM.S-II Yr	AAKASH.K-IV Yr	ARAVINDH-IV Yr
200mts	AKASH.K-IV Yr	ARAVINTH-IV Yr	LOKESH.V-II Yr
400mts	GOKUL JAYASURYA.M-IV Yr	PRAJESH.R-IV Yr	VIGNESH.V-II Yr
1500mts LEYASKAR DHINAKARAN PAUL -IV Yr		PRAJESH -IV Yr	SATHISH KUMAR.S -II Yr
SHOT PUT	BALA MURALI -IV Yr	HARITHARAN -II Yr	RAJA GANAPATHY -III Yr
DISCUS	RAJA GANAPATHY -III Yr	BALA MURALI -IV Yr	HARITHARAN -II Yr
JAVELIN	CHOZHAN -IV Yr	SANTHAKUMAR -III Yr	JAYA SURYA -I Yr
4X100 RELAY	FINAL YEAR ARAVINDH, SANTHOSH.N, GOKUL JAYASURYA AAKASH	SECOND YEAR OLD VIGNESH RAM, VIGNESH, LOKESH, JAYASURA	SECOND YEAR NEW PAVITHRAN, ABHIMANYU, THIRUVALLUVAN, SAMPAUL
4X200 FINAL YEAR RELAY AAKASH, ARAVINTH, GOKUL JAYASURYA, T.ARUNKUMAR		SECOND YEAR OLD VIGNESH RAM, VIGNESH, LOKESH, JAYASURA SECOND YEAR M HARI KRESHNA, ABHIMANYU, THIRUVALLUVA DANESH INDER	

WOMEN

EVENTS	1 ST POSITION	2 ND POSITION	3 RD POSITION
100mts	KAVIYA LAKSHMI.D-II Yr	JAYALAKSHMI.C-II Yr	K.SURYA-IV Yr
200mts	POOJA.V -II Yr	SURYA-IV Yr	RAJA VIGNESHWARI.B- IV Yr
400mts	SITHITHOORSINAL.Z-IV Yr	PRABAVATHI.R-IV Yr	HARSHITA SATYA-II Yr

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800mts	UDHAYA LAKSHMI.D -II Yr	ANCY.R KAVYA -II Yr	SINDHU -IV Yr
SHOTPU	KEERTHANA.Y -II Yr	HANSCIE DINAH -II Yr	R.DHARANI –III Yr
DISCUS	KEERTHANA.Y -II Yr	M.DHARANI -III Yr	DOROTHY –II Yr
JAVELIN	MADHUMITHA -IV Yr	KEERTHANA –I Yr	HANSCIE-II Yr
4X100	SECOND YEAR OLD	FINAL YEAR	THIRD YEAR
RELAY	KAVIYA	SURYA	ELAKYIA.G
	DORATHY	NEVIYA	GEETHIKA.N
	JAYALAKSHMI	PRABAVATHI	DEEPA.K
	POOJA	RAJAVIGNESHWARI	DHARANI.M
4X200	SECOND YEAR OLD	FINAL YEAR	THIRD YEAR
RELAY	KAVIYA	SURYA	ELAKYIA.G
	DORATHY	SINDHU.A	GEETHIKA.N
	JAYALAKSHMI	PRABAVATHI.R	DEEPA.K
	POOJA	SITHITHOORSINAL.Z	DHARANI.M

MIXED RELAY

4X100 SECOND YEAR OLD
MIXED KAVIYA LAKSHMI SURYA
RELAY V.LOGESH ARAVINDH
POOJA.V RAJAVIGNESHWARI
VIGNESH RAM AKASH.K



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RATHINAMANGALAM, CHENNAI - 127.

DEPARTMENT OF PHYSICAL EDUCATION

3rd ANNUAL SPORTS MEET – PORKALAM' 2019 <u>GAME RESULTS</u>

MEN

BADMINTON

		RUNNER
	WINNER	
S.NO.		FINAL YEAR

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	SECOND YEAR (OLD)	
1.	SANTHANAKRISHNAN	SANTHOSH. N
2.	DAVE MATHEW	PRADEEP
3.	VIGNESH RAM	RAHUL KANNAN
4.		ANIRUDH NARAYANAN

CARROM

S.NO.	WINNER	RUNNER
	FINAL YEAR	FINAL YEAR
1.	RAHUL KANNAN	SATHISH SHARMA
2.	MANI RAJ	GOKULAKANNAN
3.	YUVARAJ	KATHIKEYAN. S

CHESS

S.NO.	WINNER	RUNNER
	FIRST YEAR	FIRST YEAR
	PRASHANT	DHANUSH

CRICKET

S.NO.	WINNER	RUNNER
	FINAL YEAR	SECOND YEAR (OLD)
1.	CHOZHAN R	VIGENSHWAR
2.	ARUL RAJ	JAWAHAR. V

1

	SANTHOSH.N	JEYASURYA.S
1.	AAKASH	DINESH. P
5.	ARUN	GOUTHAM. J
6.	RAHUL KANNAN	GAUTHAM. S
7.	ARAVIND	NEERAJ. N
8.	KARTHIKEYAN	ELANDEVAN. E
).	IRAI ANBU	AMRITH RAM
10.	MANI RAJ	LOGESH. V
11.	GOKULAKANNAN	VIKAS KUMAR
12.	GOKUL JAYASURYA	VIGNESH RAM
13.	ANGUMUGUNTHAN	ASWIN. T M
4.	DINESH RAJ. R K	EASHWAR,Y
15.	RAHUL GANESH. L	

FOOTBALL

S.NO.	WINNER THIRD YEAR	RUNNER FIRST YEAR
2.	BARATH KOUSIK	SHRIVATHSAN. S
3.	RAJA GANAPATHY	VENKATESH. A
4.	SANTHAKUMAR	HARI HARA SUDHAN. T
5.	GOPIRAM	TARUN. M D
6.	VEERAMANI	SUJEETH. S

DEAN

	DEEPAKRAGHAVAN	SRIPATHI	-
8.	KARTHIKRAM	NITHIN. O N	

TABLE TENNIS

S.NO.	WINNER	RUNNER
	THIRD YEAR	CRRI
1.	VIJAY BHARATH	GOWTHAM SURYA. D
2.	SAMAYAPRAN BISWAS	KISHORE. M

VOLLEYBALL

S.NO.	WINNER	RUNNER FINAL YEAR
	SECOND YEAR (OLD)	
	ASWIN.T.M	CHOZHAN. R
2.	GOWTHAM.J	BALAMURALI
3.	SANTHANAKRISHNAN	ARAVINDH
4.	SARAVANA KUMAR.S.D	AAKASH
5.	PAWANSAI	GOKULAKANNAN
5.	GUNARANJAN	SARAVANANATHAN
7.	MASILAMANI	ABISHEK
8.	VIGNESH RAM .S	PRADEEP. S

WOMEN

BADMINTON

		V Control of the Cont
S.NO.	WINNER	RUNNER

	SECOND YEAR (OLD)	FIRST YEAR
l.	KEERTHANA.Y	SVASHMI. B
2.	RENITA JACOB	MISSBA. B

CARROM

S.NO.	WINNER	RUNNER
	CRRI	FIRST YAER
1.	JANANEVISHALE	KEERTHANA PRIYADARSHINI
2.	OVIYA. E	MISSBA
3.		FASEEHA

CHESS

S.NO.	WINNER	RUNNER
	SECOND YEAR (OLD)	CRRI
1.	VINEKSHITHA	KAVITHA. P

TABLE TENNIS

S.NO.	WINNER	RUNNER	
	CRRI	SECOND YEAR (NEW)	
1.	NAVEENA	NITHYA VARSHINI	
2.	BHUVANESHWARI	PRAKALYA	

THROWBALL

		· ·
SNO	WINNER	DUNNED
3.110.	WINIER	RUNNER

J. DEAN

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	THIRD YEAR	CRRI
1.	SHANMATHI	SUBHA
2.	OM SAI PRIYA	NAVEENA
3.	SHREE DEVI.S	KAVITHA
4.	DEVI THARSINI.S	SINDHUJA. E
5.	UDAYA.G	BHUVANESHWARI
6.	DHARANI	DEVISHREE
7.	SIVA KALA	AKHSHAYA PONSUBA
8.	SREE MATHI	KEERTHANA. R
9.	POOJA	KODHAI SIVANAYAGI
10.	SWETHA. M	SRI SHARMILA
11.	GEETHIKA	
12.	VEDHANAYGI	

KHO-KHO

S.NO.	WINNER FINAL YEAR	RUNNER
		FIRST YEAR
1.	HARSHAVARTHINI. R	HARSHA
2.	NEVIYA. D	AMUDHA
3.	PRABAVATHI. R	MISSBA
4.	SITHI THOORSINAL. Z	DHAIVANAI

	VAISHIKA	
		.11
NEETHU	PRIYANKA. S	
	200	10.
SHOBIKY	POONGODI, G	
		.6
KAREN SYIVIA	VIDHYAVATHI. G.S.	
		.8
SHREE GAYATHREE	SURYA. K	
M A .ANAAAA	A.INIHQNAN	
		.9
NIVETHA	SHWETAA LAKSHMI. R	



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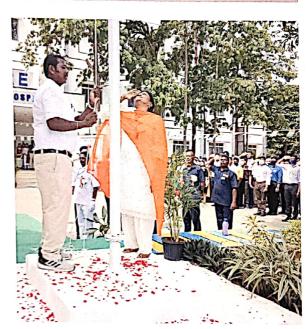
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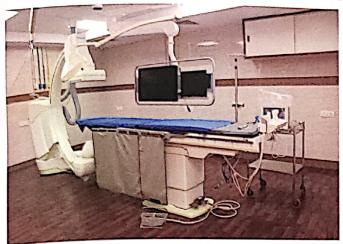








Cath Lab





Casualty



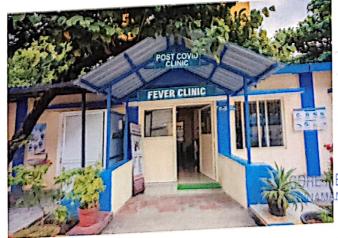


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Acknowledgements

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> We also extend our gratitude to **Editor in Chief:**

Dr. J. Muthukumaran, D.L.O., MS., M.Ch.

Dean, TMCH

Chief Editors:

Dr. R.Karunanithi, MS Medical Superintendent, TMCH

Dr. D.H.Gopalan, MS., PhD., ACME **Professor & HOD Anatomy** Vice Principal-Incharge, TMCH

We are grateful to our Assistant Editors for their constant guidance and support:

Dr. A.Farook, MS

Dr. Preetha Paul, MD., ACME

Professor, General Surgery Prof& Head, Physiology

Dr. A.Umamageswari, MD

Dr. Prashanthi, MD

Professor, Pharmacology

Senior Resident, Dermatology

STUDENT EDITORS

TAGORE MEDICAL COLLEGE & HOSPITAL Dr. Preethi (Resident OBG)

CHENNAI-600 1Dr. M. Viknesh Prabhu (Resident Pathology)

Swetha M (4th year MBBS)

Kandha Kumaran N (3rd year MBBS)

CONTENTS

- Achievements Students & Faculties
- Case Reports
- Events at Tagore Medical College:
 - I. Ayudha Pooja Celebration
- 2. World Environment day
- 3. World Yoga Day
- 4. VYUGAM'22
- 5. ACLS workshop
- 6. Breastfeeding Week
- 7. World Organ Donation day
- 8. Independence Day
- 9. Nutrition week
- 10. Teacher's day
- 11. World Heart Day
- Departmental activities
- Hands On! (Workshops)
- Right Brainers Art, Photograph, Poem
- Crossword Puzzle

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Dr. M. Mala Chairperson and Managing Trustee, Tagore Educational Trust

PATRON'S ADDRESS

DEAN
WRAPE MEDICAL COLLEGE & HOSPITAL
WRAPE MEDICAL COLLEGE & HOSPITAL
LICENTAL COLLEGE & HOSPITAL
art, personal
experiences, and wonderful
memories of students, reflecting
their creativity and potential.

Though you are all doctors, each one of you will be distinctly different depending upon your approach to life. Don't be afraid of treading the unknown path.

"These stories illustrate the heart of our campus"

Only then, will you be able to give your best. I congratulate all the students and the editor board for bringing out such a beauti magazine.

Come on, let's give our best and make t institution a modern temple of learning throu our diligence, devotion, and dedication.



EDITOR - IN- CHIEF MESSAGE

Greetings to all.

It gives me great pleasure to present the second issue of this fantastic magazine-WRAP-UP.

We have worked hard to compile an issue that highlights the excellent work of our faculty and students.

Our magazine serves as a platform for staff and students to showcase their abilities and potential, as well as a source of inspiration for them to express their creativity.

in all the train

I extend my best wishes to the aspiring writers and editorial board for another outstanding issue.

Finally, I'd like to thank our readers, faculty and the students who made a significant contribution.

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FACULTY ACHIEVEMENTS



Dr. Kumudha Lingaraj, Dean (Nov 2021–Oct 2022) of Tagore
Medical College and Hospital was conferred "The Most Promising Dean
of the Year" award from Indian Medical Association Odisha State Branch
Junior Doctors Network in Doctors Day Celebration held on 3rd July 2022.



Aasaan 21 – State Teacher's Day Celebration on 4th Sept 2022 was organized by Dr Raghunandan Ramanathan, Intern.

Dr. Mathiventhan, Minister of Tourism, Govt of Tamilnadu launched the Jeevan 2.O - அனைவரும் உயிர் காப்போர் Scheme which was an initiative taken by Dr. Abul Hasan, Dr. Kumudha Lingaraj and Dr. Raghunandan R. Minister also launched BLS manual authored by Dr. Kumudha Lingaraj, Dr. Shankar Anand and Dr. Raghunandan R.

Aasaan 21 – State Teachers Day Celebration AWARD OF EXCELLENCE IN MEDICAL EDUCATION



Dr Kumudha Lingaraj, Dean(Nov 2021- Oct 2022),TMCH Dr T.K.V.Sharavanan
Professor & Head
Department of General Medicine





Dr. P.B.Premalatha,
Professor & Head
Department of
Obstetrics & Gynecology

Dr. C.P.Luck
Professor & Head
Department of Pathology

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STUDENTS' ACHIEVEMENTS

IMA JDN MSN Event 2022



Dual of Doubts (Debate)
SWATHI GOVINDARAJAN — IST Place



Who's the better Governor (Hackathon) LAVANYA D & SVASHMI B — 2ND Place



Medcases Arena'22 (Case presentation)

JOSHNA ABIGAIL AGSIND Place

MELAKOTTAIYUR POST,

RATHINAMA



Who's the better Governor (Hackathon)
JOSHNA ABIGAIL A & MEDINI S — 3RD Place

OPTIMUS 2022 - SRI RAMACHANDRA MEDICAL COLLEGE



CODE BLUE - IST PLACE MOHNISH KAARTHIC PR, VISHNU KARTIK M, APARNA PREMA BARANI, TAGORE GANNE







Raghunandan Ramanathan, Intern

-bagged the first prize in

case presentation Competition as a part of CHARMS 2022 conducted by Chengalpet Government Medical College on 7th August 2022.

- -was conferred the "Medico of the Year" award from Indian Medical Association, Odisha State Branch and Junior Doctors Network in Doctors day celebration held on 3rd July 2022.
- -was Honoured by Dr. Arul Rhaj, Founder and Chairman of CMA foundation, UK & CHPA, Past Commonwealth President for his exceptional organization of the Global Cardiac & Diabetic Conclave Edition 2022 held in Hotel Green Park



Joel, third year student placed first in case presentation conducted at Global Cardio Diabetes Conclave 2022.

POSTGRADUATES



Dr. Nishanth, Postgraduate from
Medicine department placed first in
Research Paper Proposal Presentation DIAGNOSTIC ACCURACY OF RT-PCR
AND HIGH RESONANCE COMPUTED
TOMOGRAPHY-CHEST IN
SYMPTOMATIC SUSPECTED COVID-19
PATIENTS HOSPITALIZED AT A TERTIARY
CARE CENTER, Chennai, Tamil Nadu.
Hackathon-COST EFFECTIVE

Hackathon- COST EFFECTIVE MANAGEMENT OF CANCER IN OUR COUNTRY.

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CUCTURA

AFFINITY'22 was an inter-college cultural and sports event conducted by Karpaga Vinayaga Institute of Medical Sciences and Research Centre. The students of Tagor Medical College and Hospital participated enthusiastically and won several accolades.



SHORT FILM - 2ND Place

Ramkaushik
Santhosh
Swetha M
Rakshana
Kaushik
Vignesh
Abhimanyu
Adhithyan
Vasanthan
Sharvesh

Arsha
Jayasurya
Amarnath
Barani
Ajay Deepak
Mohan Prasad
Amrutha
Gopika
Aarthy
Thiruvalluvan

Prashanth Ebenezer doss Ajay Mani Subhi

Abishake Prassa

Hariharan



GROUP DANCE - 2ND Place

Neha G Vaishali Muralidharan Suriya Prabhu Sri Ishwarya Raksha Gowthamy Ajay Deepak Adhithyan Deva Nivedhitha Shimi j harsha Sripathy k.s Mathangi p Divya dharshini s Jeyasurya.m Kethzi vijilah s Geethika jayesh Revathi giridharan

Divya Dharshini Srikanth Kalyan





SANGAMAM'22 was an inter-college cultural event conducted by Chengalpattu Medical College.



POT PAINTING IST Place NANDHINI P RANGOLI

3RD Place

KARPAGAM T

KETHZI VIJILAH S

APARNA PREMA BHARANI
DONAMOL JOSEPH

PECHUPOTTI
3RD Place
MARIA ANGELIN R

CHENFEST 22

CHEMFEST'22 was an inter-college cultural event conducted by Chengalpattu Medical College.



HAIR DRESSING — IST PRIZE

CRAFT COMPETITION (WEALTH OUT OF WASTE)

- 2ND PRIZE

SRIJHA VS



FACE PAINTING
SPECIAL MENTION
SRIJHA & GOPIKA

SPORTS



APARNA A.M 3RD Place 100 Metres AFFINITY 22



MOHAMED FAYAS N
SUJEETH S
CARROM — RUNNERS
TIMS - ENCIERRO (MMC)

MISSBA L
KEERTHANA PRIYADHARSHINI B
CARROM — IST Place
AFFINITY 22, KALINGA 22, FUSION 22,
AADUKALAM 22

TAGORE MEDICATION IS A HOSPITAL RACHIMANA YOR A ST. LOKOT AIYUR POST, GIRAGE BOOLEST.

POSTGRADUATES

• Dr.Preethi

POSTER- Discordant MRKH in Monozygotic twins in KOGS 2022
PAPER- Assessment of perceived stress in Premenstrual syndrome
and Menstrual irregularities in KOGS 2022
Presented a capsule on NASG in KOGS 2022
Placed second in Quiz competition in FOCUS 2022

Dr Bavithra K

PAPER - KAP on contraception in KOGS AVAL 2022
Placed second in Quiz competition in FOCUS 2022
Presented a capsule on anthropometry in Menopause in IMS - Sou zone 2022

• Dr Arun Poornesh E

PAPER:

- Knowledge towards cervical screening in KOGS AVAL 2022
- Young case of CA Endometrium in young doctors Association
 2022
 - Dr Manisha

POSTER: A case of Carcinomatous change in Dermoid cyst in Youn doctor Associations 2022

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WENN THEORY COTTES TO MAKE THE

CASE REPORTS/POSTERS PRESENTED IN NATIONAL/INTERNATIONAL CONFERENCES

A case of Klippel Feil syndrome

DR.HARI KRISHNAN S GENERAL MEDICINE PG

GUIDE - PROF DR.NASREEN

52 Year old male with no known comorbidities came with C/O difficulty in walking, restriction of neck movements, and hard of hearing since childhood. Clinical and radiological findings: Abnormal vertebral segmentation and fusion,C2 — C3 vertebral fusion, low posterior hairline, restriction of neck movements, congenital torticollis, hearing impairment, Sprengel deformity. DIAGNOSIS: Klippel Feil syndrome

·failure in the normal segmentation of cervical vertebra during early weeks of fetal development.

Mutation in GDF6 or GDF3 gene(growth derivation factor) as these genes make proteins that are involved in bone development and segmentation of vertebra •Treatment - symptomatic: Physiotherapy, Genetic counselling and surgery may be required to releive cervical instability or constriction of spinal cord.

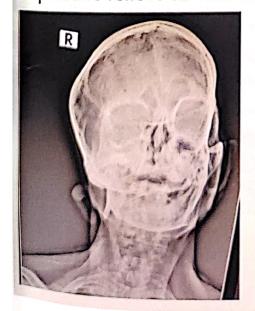
A case of Goldenhar syndrome

75 year old male was admitted with clinical findings of Microtia, prominent nasal dorsum, malocclusion of teeth, maxillary hypoplasia, mandibular hypoplasia, muscles of mastication-hypoplastic unilateral, C2-C3 fusion of vertebra, facial asymmetry.

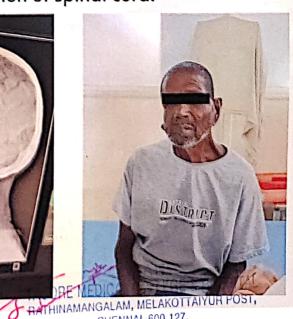
DIAGNOSIS: Goldenhar syndrome

•Treatment:

Symptomatic: Physiotherapy, Genetic counseling if unmarried, surgery may be required to relieve cervical instability or constriction of spinal cord.







CHENNAI-600 127.

A case of Malignant Mixed Mullerian tumor

DR.SULOCHANA & TEAM,
DEPARTMENT OF OBG

A 32 year old female, nulligravida, married since one year with her LMP on 18.06.22 presented with c/o Heavy Menstrual Bleeding & Abdominal Distension the past 15 days. HMB present for the past 6 months which got aggravated in the last cycle, 15/18 cycle associated with clots.

Patient also complained of abdominal distension which was generalized in nature Patient complains of reduced urine output and swelling of legs for the past 2 weeks. On Per Abdomen examination, Abdomen was distended, umbilicus in midline and everted. Skin appears stretched and shiny.

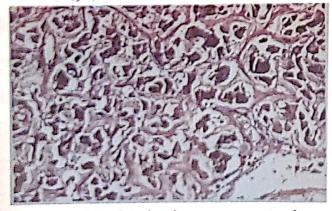
- •Mass is Hard in consistency, ill defined margin, irregular surface, felt up to umbilicus, lower margins are not felt and Mobility restricted.
- •Fluid thrill ++ and Shifting dullness ++.

CA 125 (Ovarian cancer marker) — 116.90 U/ml. (Normal Reference value <35 U/ml.

Endometrial Sampling: Impression — Features of Malignant Mixed Mullerian Tumor.

THE PATIENT WAS DIAGNOSED WITH

- Malignant Mixed Mullerian tumor of Endometrium with B/L adnexal and peritoneal involvement (or)
- synchronous serous adenosarcoma of Endometrium and MMMT Ovary with peritoneal and nodal metastasis.



crowded back to back arrangements of glands lined by malignant pleomorphic tumor cells with high grade nuclear atypia infiltrating into stroma.



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A case of Currarino syndrome

DR. NIVEDHA.A,PG

DEPARTMENT OF ORTHOPAEDICS

A 23 year old male who is a veterinary doctor by occupation presented with Chief complaints of low back pain for 5 years.

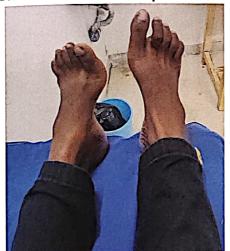
The patient was apparently normal 5 years ago after which he developed back pain insidious in onset, gradually progressive in nature, dull aching type, aggravated when standing for long time, partially relieved by medication .

To evaluate chronic back pain MRI LS spine was done which showed Hemi sacrum Presacral mass, Urinary bladder showed trabeculation.

X-ray of the Pelvis shows left sacral bony defect– Scimitar Sacrum

DIAGNOSIS: Currarino syndrome

Decision on Treatment depends on symptoms and radiological findings.





A case of MAYER-ROKITANSKY-KÜSTER-HAUSER (MRKH) SYNDROME

DR PREETHIK, GUIDE: DR SORNAM

RATHINAMANGALAM, MELAKOTTAIYUR POST, CHENNAI-600 127. DEPARTMENT OF OBG

15 year old girl who is a monozygotic twin came to the OPD with complaints of Primary amenorrhea. On examination

Breast development – Tanner stage 4

External hair — tanner stage 4

A vaginal dimple measuring I-2 cm seen.

On Per Rectal examination a uterine nodule measuring I-2 cm felt.

Her twin attained secondary sexual characters and menarche 2 years back.

On MRI — A uterine nodule measuring I.I x 0.5 cm is seen. Cervix and upper vagina not seen. A rudimentary lower vagina measuring 1.8 x 1.09 cm

The patient was diagnosed with Mullerian agenesis class I in a discordant monozygotic twin.

The patient was advised surgery to create a neovagina to provide sexual function and surrogacy for reproductive function.

A case of Unstable ankle fracture

DR CHEZIYAN,

DEPARTMENT OF ORTHOPAEDICS

28 YR old male had a history of high velocity trauma and sustained injury to his rankle.

O/E: Abrasion of size 6*5 cm over anterior aspect of rt ankle joint, diffuse swel over right ankle joint, capillary refill time <2 sec, distal pulse present.

No distal neurovascular deficit

DIAGNOSIS: Unstable ankle fracture

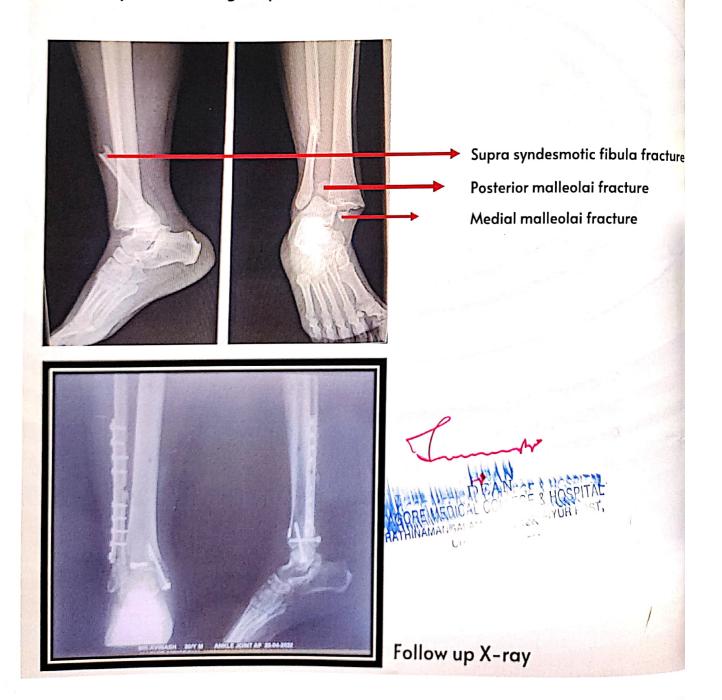
Treatment

Stage I — Ankle spanning external fixator applied for I week

Stage 2 — ORIF with plating for fibula

CCS screw for medial and posterior malleoli

Syndesmotic tightrope fixation for syndesmosis injury



A case of Adenocarcinoma lung

DR.S. GOKULAKRISHNAN, SENIOR RESIDENT

DEPARTMENT OF PULMONARY MEDICINE

c/o streaky hemoptysis x 10days , about 5-10ml each episode 58/M; farmer from Chengalpattu; non-Smoker & no comorbidities came with

c/o loss of weight about 10kgs in 2months

c/o loss of appetite

0/F RS — B/L air entry + with decreased intensity on right side

CECT Thorax:

5.3x 3.4cm in subcarinal region causing narrowing of right bronchus intermedius Multiple enlarged soft tissue density lesions with non enhancing areas largest of size

_{Focal} Collapse of rt LL anteromedial basal segment

Endobronchial biopsy:

HPE — Poorly differentiated malignancy

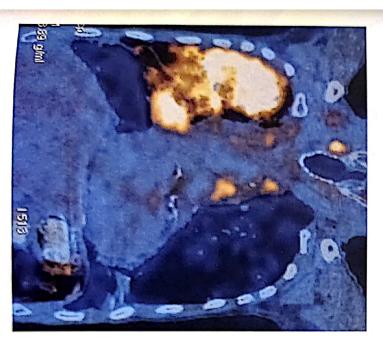
PET-CT:

segment of right lower lobe — likely primary lung malignancy. Metabolically active mild heterogeneously enhancing soft tissue nodule in apical

Metabolically active mediastinal lymph nodes , deep cervical and supraclavicular lymph nodes

No evidence of metabolically active disease anywhere else in the body.

The patient was diagnosed with Stage IV adenocarcinoma lung – (T4 N3 MIa)

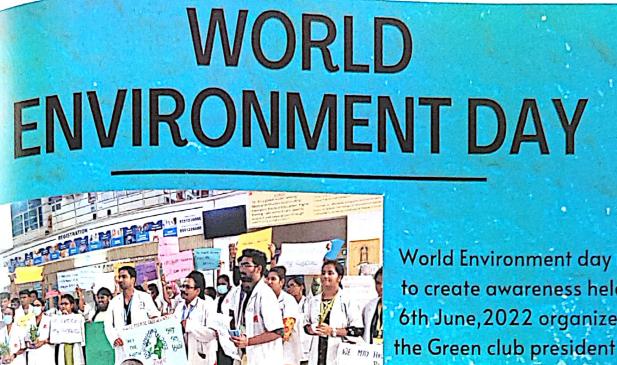








GORE MEDICAL COLLEGE & HOSPITAL ATHINAMATIGALAM, MELAKOTTAIVUR POST, ATHINAMATIGALAM, MELAKOTTAIVUR POST,



World Environment day rally to create awareness held on 6th June, 2022 organized by the Green club president Ajay Deepak, final year MBBS student. I Pledge To live Svotaniably In Harmony weak Marke

The International Day of Yoga was celebrated enthusiastically on June 21st, 2022.



the universe itself presents differently just with an alteration in perception "While intending to get good transformation personally, who knew that

Respected Dean(Nov '21- Oct '22) Prof. Dr. Kumudha Lingaraj, Dr. Shankar nand, Associate Professor, and Dr. Bharath.S., Assistant Professor from Anesthesiology organized an airway management orkshop for Young Doctor's medical summit. ***** epartment

hree stations were set up for the event: Supraglottic airway devices, ndotracheal infubation, and face mask ventilation.





ACLS-CURRENT UPDATES TANDS-ON TRAINER

Organized an AGLS workshop for the final year students The guest organized an AGLS workshop for the final DEPARTMENT OF ANAESTHESIOLOGY & MEDICAL EDUCATION UNIT organizea an Accomment KUMAR, Prof & HOD of Anesthesiology. MGMC&RI. The event was held on 05/07/2022, Tuesday

he welcome address was

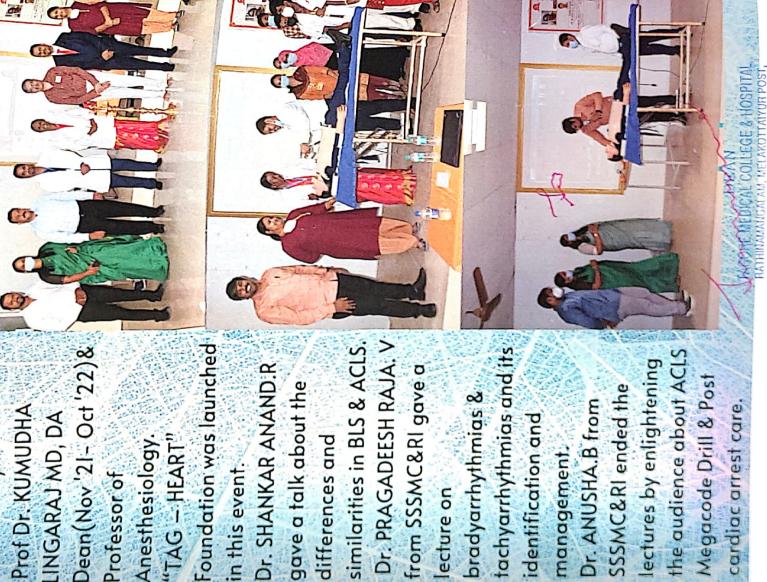
Dean(Nov '21- Oct '22)& Prof Dr. KUMUDHA LINGARAJ MD, DA Anesthesiology. delivered by Professor of

Foundation was launched in this event.

similarities in BLS & ACLS. Dr. PRAGADEESH RAJA. V Dr. SHANKAR ANAND.R from SSSMC&RI gave a gave a talk about the differences and lecture on

tachyarrhythmias and its the audience about ACLS lectures by enlightening Megacode Drill & Post SSSMC&RI ended the bradyarrhythmias & Dr. ANUSHA.B from identification and management.

CHENNAI-600 127,



BREASTFEEDING WEEK

Juder the aegis of the nanagement of Tagore Medical Julege and Hospital headed by Jur Chairperson Prof Dr. M. Mala, he Department of Pediatrics elebrated the BREASTFEEDING yeek from 1st August to 8th

August. A skit by medical students was performed in the hospital lobby to aise awareness.

A CME on breastfeeding and a quiz for final year students were held. On 5th August, poster presentation & poetry competitions were held.
Antenatal and postnatal mothers were counseled by the Department of Obstetrics and Gynecology on 7th August 2022.



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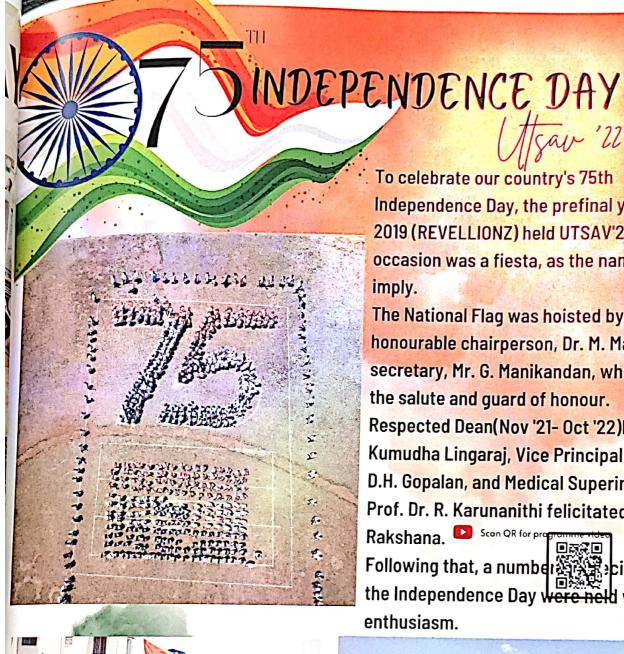
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WORLD ORGAN DONATION DAY

World Organ Donation day rally organized by the Department of Nephrology and the Department of Ophthalmology.







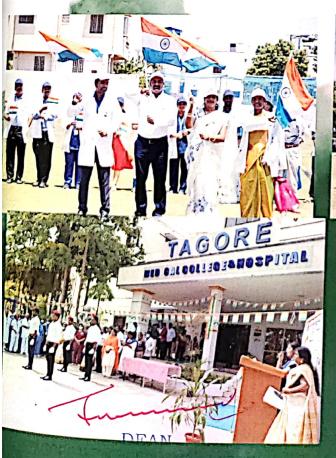
To celebrate our country's 75th Independence Day, the prefinal year of batch 2019 (REVELLIONZ) held UTSAV'22. The occasion was a fiesta, as the name would imply.

The National Flag was hoisted by the honourable chairperson, Dr. M. Mala, and the secretary, Mr. G. Manikandan, who both took the salute and guard of honour.

Respected Dean(Nov '21- Oct '22)Prof. Dr. Kumudha Lingaraj, Vice Principal Prof. Dr. D.H. Gopalan, and Medical Superintendent

Prof. Dr. R. Karunanithi felicitated dear Miss

Rakshana. Scan QR for pro Following that, a number prize pial events of the Independence Day were neld with enthusiasm.



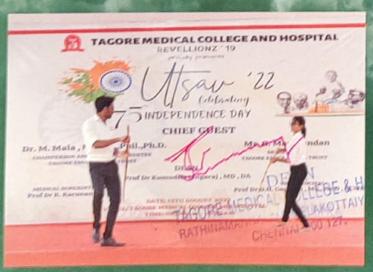




"A proud moment for we, Indians commemorated as a great celebration"









NUTRITION WEEK

Under the aegis of the management of Tagore
Medical College and Hospital headed by our Chairperson
Prof Dr. M. Mala, the
Department of Paediatrics celebrated the National
Nutrition Week from
September 1st-7th, 2022.

On 1st September, the Inaugural ceremony was conducted in the Hospital Lobby. After the prayer song, the audience were welcomed by Dr. T. Ravichandran who also spoke on the benefits of nutrition in children.





On 2nd September, a quiz on Nutrition was held in fourth floor hospital auditorium for 3rd year MBBS students. A Rangoli competition was held in the fourth floor hospital lobby which was judged by Prof.Dr.Ravichandran and Prof.Dr.Ramamani.

A CME on Paediatric Nutrition covering the essence and importance of childhood nutrition was held on September 6th for the third year MBBS students.

On 7th September, a variety of events were conducted along with the Valedictory function. Numerous fun competitions like Dumb Charades, Connexions, Pictionary were held followed by slogan and poetry competition



LUMINARY '22



TEACHER'S DAY CELEBRATION



celebration organized
by prefinal years of batch 2019
(REVELLIONZ) on the
5th of September 2022
was to show gratitude towards
our beloved teachers. The
students had put in a great
efforts to conduct this wonderful
event.

This event was coordinated by Dr.K.Kasturi, Assistant professor, Department of Biochemistry and Dr.R.C.Karthick, Associate professor, Department of Community Medicine.





Classical dance performance by students from Revellionz'19



Band performance and FlashMob by students from Revellionz'19.

























Revellionz – Batch of 2019 kick started the programme enthusiastically with their welcome address.

Respected Dean (Nov'21-Oct '22) Prof. Dr. Kumudha Lingaraj, Medical Superintendent, Dr. R. Karunanithi and Vice Principal Dr. D.H. Gopalan, were all cordially welcomed.

The celebrations was graced by the presence of the honourable chairperson, Dr. M. Mala, the secretary, Mr. G. Manikandan, and the dearest Miss Rakshana.

Observing tradition, the esteemed dignitaries lit the Kuthuvilakku. Following that, each department was invited to the stage in succession for a lively interactive session with the students.

The audience was entertained by a variety of performances and games. The festivities expressed the students' heartfelt gratitude towards their beloved professors.

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WORLD HEART DAY

World Heart Day was celebrated with utmost rigour by the Department of General Medicine.

Throughout the week, poster presentations, art competitions, and rangoli competitions were held and prizes given.

Dr. Ragavendra conducted a guest lecture on "Approach to a patient with chest pain" on September 29, 2022.

Following a challenging round of the Cardiology quiz, the winners were awarded by prominent professors from several departments.



CME

Forensic Medicine

FORMEDCON-2022 STATE CONFERENCE-GENDER, SEXUALITY AND RIGH







Microbiology

CURRENT CHALLENGES IN MALARIA
MANAGEMENT







Psychiatry

WORLD MENTAL HEALTH DAY



SUICIDE PREVENTION AWARENESS



CHENNAI-600 127.

Anatomy

CORDIS CROWN -











SURGICAL ANATOMY OF INGUINAL CANAL









CADAVERIC OATH TAKING CEREMONY



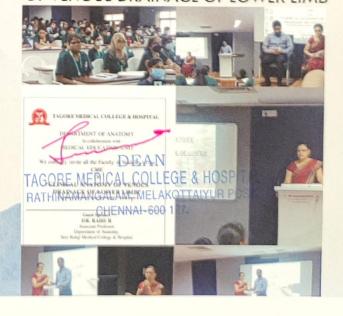
TAGANAT Live on - 2022



CLINICAL EMBRYOLOGY OF CARDIOVASCULAR SYSTEM



CLINICAL ANATOMY OF VENOUS DRAINAGE OF LOWER LIMB



ENT

Headache- an overview





Poster competition in observation of INTERNATIONAL WEEK OF DEAF PEOPLE 2022







Physiology

STETHOSCOPE CEREMONY







GENDER EQUITY CME



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RATHINAMANGALAM, MELAKOTTAIYUR POST,



community Medicine

IHCON 2022- WORLD HEALTH DAY, INTERNATIONAL CONFERENCE



FACULTY OF COMMUNITY MEDICINE DEPARTMENT WITH PRESIDENT
OF PUDUPAKKAM VILLAGE AT THE INAUGARATION OF THE RALLY
FOR BREASTFEEDING AWARENESS



FOOD WASTAGE - PUBLIC AWARENESS



Ophthalmology

GUEST LECTURE ON AVOIDABLE BLINDNESS - WAYS TO AVOID FOR WORLD SIGHT DAY BY DR. SUBHA.L



Pharmacology

UPDATE ON GOOD CLINICAL PRACTICE & ADR REPORTING





Obstetrics and Gynaecology

WORLD CONTRACEPTION DAY

BREASTFEEDING AWARENESS



REPRODUCTIVE CANCERS



General Medicine

WORLD HYPERTENSION DAY

WORLD ORGAN DONATION DAY





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WORLD HEPATITIS DAY





Biochemistry

THYROID DISORDERS IN WOMEN'S HEALTH





ENZYME REGULATION BY DR. SHANMUGA PRIYA

pathology

WORLD BLOOD DONOR DAY





Pulmonary Medicine

MANAGEMENT OF TUBERCULOSIS

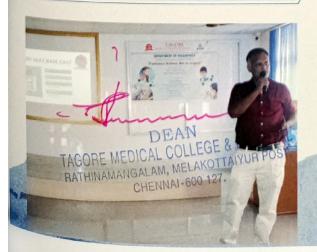






Paediatrics

PAEDIATRIC ASTHMA- NOT AN ENIGMA





WORKSHOPS

OPTIMUS'22 - Sri Ramachandra Medical College



INJECTION TECHNIQUES



SKIN SOLUTIONS



SURGICAL SUTURING WORKSHOP



FRACTURE MANAGEMENT



PAEDIATRIC BLS



CLINICAL MEDICINE WORKSHOP



CRIME SCENE INVESTIGATION

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WORKSHOPS

CHARM'22

- Chengalpattu Medical College



(SURGICAL WORKSHOP)

EN MASSE (LIVE AUTOPSY)





WISSENDURST'22

- ESIC Medical College KK NAGAR



DEBATE - FINALIST SUCHITHRA KN



SURGICAL WORKSHOP

DAVINCIA'22

- SRM Medical College



EMERGENCY MEDICINE



RESPIRATORY

DEAMEDICINE

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RADIOLOGY WORKSHOP





Artwork by
Sri Varshini, intern
for
Breastfeeding
week and
Nutrition week.

Artwork by students for UTSAV'22-75th Independence Day celebration



Saravana 2nd year



Satheesh final year



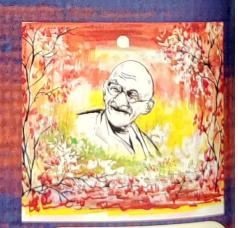
Haridharani 2nd year



Kalaivani first year



Stella 2nd final year



Rajinikanth Staff

PHOTOGRAPHY



Saravana Kumar 2nd year



Tharuna – Ist year



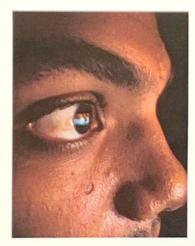
Nithin ON - 3rd year

WILDIONE OULLEGE & HOST TIME

DEAN



Yumkam Sangamithra 3rd year



Ajay mani subra 4th year



Mother's donum vitae (gift of life)

In utero, as a cell, you nurtured me, With a divine attachment, a cord, to feed. Your womb, a home, a holy sanctum to me A sapling I am, from just a seed.

At birth, the cord was severed,
But not your bonding with me!
You cradled me, as I lay on your bosom,
Crying and grunting, unable to see.
Your smiling face, giffing my first giff,
O Breast milk, both food and drug for free!

Yellowish yet white, a part of you,
Fulfilled my hunger, quenched my thirst
With sore breasts and sleepless eyes,
You let me suckle, everytime i cried.
Your love! claimed and health! gained
Even if it pained, you never complained

Lots of water, with sugar and fat,
Proteins, minerals and vitamins too.
Everything I needed, you fed, it to me,
Maybe it lacked, a little K and D,
But proficient you are in protecting me

By K.Ramkaushik, final year MBBS

அவளின்றி நான்

வைகைப்புனல் கரையில் பூஞ்சோலை நிழலில் மரத்தடியில் கழிந்தன உன்னோடு அந்நாட்கள்

நான் உந்தன் மடியில் நீ எந்தன் விடியல் தேன் சிந்தும் கடலாய் மாறிய மணித்துளிகள்

நறுமணம் எங்கும் வீச இரு மனம் ஒன்றுசேர ஒரு மனம் கொண்ட திருமணம் செய்யத் துணிந்தோம

காலமே வினையாய் வந்தான் நம் காதலுக்கே காலன் ஆனாவே

உன்னைப் பிரித்தேனே, நினைவாலே நிறைந்தேனே, கண்ணீரில் கரைந்தேனே, காதலில் தொலைந்தேனே

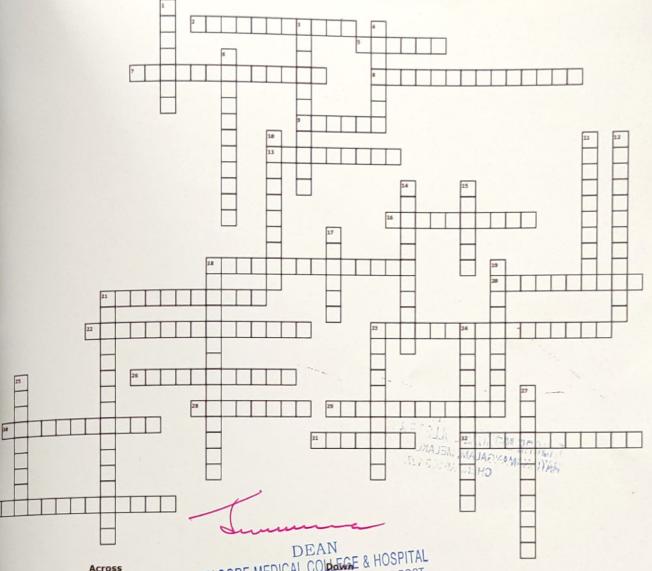
உந்தன் ஞாபகம் என்னை சூழுதடி தாய்மண்ணின் வாசமும் கண்ணை மூடுதடி.

் –யுக்தேஸ்வரன் TAMIL POETRY – Ist , AFFINITY 22

உதிரம் மலரட்டும்

சுரக்கும் உடல் உதிரம் நாம் பிறக்க மாமந்திரம் குருதி இரத்தம் உதிரம் என பல்பெயர் பெற்று உடல் வளம் பெற உதிரம் மலரட்டும் கொடுத்தாலும் சுரக்கும் இரத்தம் சாதி மதம் பாரா உதிரம் மலரட்டும் உயிர் காக்க உடல் குருதி பிறருயிர் காக்கும் நலன் கருதி வீன்றி அமையாது உலகு அதுபோல் உதிரம் இன்றி அமையாது உயிர்! அத்தகைய உதிரம் மலரட்டும்...

CROSSWORD PUZZLE



- 2. Removal of a kidney
- 5. Normal breathing
- 7. A radiological picture of the trachea and bronchi
- 8. Removal of pancreas
- 9. Condition in which red blood cells do not transport enough oxygen to the cells
- 13. A ductless gland
- 16. Muscular layer of the heart
- 18. Pertaining to the heart and vascular system
- 20. Movable flap of cartilage that covers the opening to the larynx
- 21. An inflammatory condition that can affect lung function
- 22. Surgical puncture of the chest cavity
- 23. Agent that raises blood glucose
- 26, Breaking of stones
- 28. Mitral valve
- 29. Listening to sounds within the body through a stethoscope
- 30. Incomplete expansion of the lung or part of
- 31. Substance secreted by glands
- 32. Lack of hydrochloric acid in the stomach
- 33. Puncture into the amnion to draw fluid

TAGORE MEDICAL COLLEGE & HOSPITAL TAGGRE MEDICAL CUIDAWAL & HOUR POST,
RATHINAMANUALANIA INELIASSOT DAYOR POST,
BATHINAMANUALANIA INELIASSOT DAYOR POST,
Heart renemble bergna 1200 beats per minute

- 4. Multiple tiny hemorrhages under the skin
- 6. Changing of liquid into a semi-solid
- 10. Spread of cancer
- 11. Immature white blood cell
- 12. Limping caused by inadequate blood supply
- 14. Red blood cell
- 15. Outer protective portion of the kidney
- 17. Produce spermatozoa
- 18. Gallstones
- 19. Protein in red blood cells that transports oxygen
- 21. An instrument used to measure blood pressure
- 23. Removal of any gland
- 24. Resting state
- 25. 40 weeks of baby's development
- 27. Surgical removal of a thrombus

Amniocentesis ΑςηΙοιηγαιία Ногтопе Embolectomy Atelectasis Gestation Auscultation Polarization Bicuspid Adenectomy Lithothipsy **Σ**ρηγαποπαποπε[†]ει αυτίλγροσίγτεπίτ Hemoglobin Thoracocentesis Cholelithiasis Sarcoldosis Testes Epiglottis Cortex Cardiovascular **Ειγήλιοςγέ** Муосагалит Claudication Endocrine renkoplast Anemia Wetastasis Pancreatectomy Coagulation **Βιου**ςμοδια**b**μλ Purpura paudng Ταελγεαιάία Иерргестоту Trigone Down: **YMZMERS**

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAIYUR POST,
CHENNAI-600 127.

DEAN
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CHENNAI-600 127.



TAGORE MEDICAL COLLEGE & HOSPITAL

Rathinamangalam, Melakkottaiyur Post, Chennai - 600127. Phone: 044-30101111, Fax: 044-222 5555, Email: tagoremch@gmail.com



(Affiliated to the Tamil Nadu Dr.MGR Medical University & Recognized by the Ministry of Health & Family welfare. Govt. of India New Delhi)

LIST OF SPORTS INFRASTRUCTURE

Outdoor facilities	Indoor facilities
Cricket play area – 1 Ground	Chess – 10 boards
Cricket practice nets -2 No.	Carrom - 20 boards
Food Ball Court - 1 field	Table tennis – 4 boards
Volley ball Court - 2 courts	
Throw ball court - 2 courts	Sports & Cultural facility
100	room -1
Tennikoit - 1 court	
Athletics track & Field – 200	Auditorium – 1
Mts	
Kho Kho – 1 court	
Kabaddi - 1 court	

Dimensions of sports facilities in detail		
Playing Area	Total Area	
Cricket play area – 65 Mts circle	Cricket play area – 70 Mts circle	
Cricket practice nets – 50X16 Ft.	Cricket practice nets – 80X20 Ft.	
Food Ball Court – 40X 20 Mts	Food Ball Court – 50X 30 Mts	
Volley ball Court – 18X9 Mts	Volley ball Court – 25X15 Mts	
Throw ball court - 18.30X12.20 Mts	Throw ball court - 25X19 Mts	

DEAN

TAGORE MEDICAL COLLEGE & HOSPITAL RATHINAMANGALAM, MELAKOTTAIYUR POST,

CHENNAI-600 127.



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Tennikoit - 12.2X5.5 Mts	Tennikoit - 20X12 Mts
Athletics track & Field – 200 Mts	Kho Kho – 32X22 Mts
Kho Kho – 27X16 Mts	Kabaddi - 20X16 Mts
Kabaddi - 13X10 Mts	Table tennis – 30X20 Ft.
Table tennis – 9X5 Ft.	

^{*}Mts-Meters; Ft-Feet

II. GYMNASIUM (In Boys and Girls hostels):

Hostels have gymnasium to reinforce a healthy life style with physical and metal coordination and flexibility of the students. Gymnasium has following items like weight plates, Dumbells, Smith machine, leg extension machine, Multi sitting bench and medicine Balls.

III. PORKALAM

Conduct of Sports competitions in the name of 'Porkalam' every year

IV. Auditorium – 704 sq ft. – For conduct of Yoga and intercollegiate cultural events

DEAN

TAGORE MEDICAL COLLEGE & HOSPITAL RATHINAMANGALAM, MELAKOTTAIYUR POST,

CHENNAI-600 127.



THE TAMIL NADU CRICKET ASSOCIATION

(AFFILIATED TO THE BOARD OF CONTROL FOR CRICKET IN INDIA)
M.A. CHIDAMBARAM STADIUM, VICTORIA HOSTEL ROAD, CHEPAUK, CHENNAI - 600 005.

Phone: 28544175 / 28514896. E-mail: office@tnca.in

President : Dr. P Ashok Sigamani Hon. Secretary : Shri. R I Palani Hon. Treasurer : Shri. T J Srinivasaraj

Vice-President: Shri. Adam Sait Hon. Joint-Secretary: Shri. K Shivakumar Hon. Asst-Secretary : Dr. R N Baba

Ref. C1-2/MK- 18/CV/2022-2023

February 15, 2023

To

The Hon. Secretary, Egmore Recreation Club, Chennai The Hon. Secretary, Indian Bank Sports and Recreation Club, Chennai

Dear Sir,

Sub: TNCA League Tournament – II-Division League Match between Egmore RC and Indian Bank S&RC - Change of venue – Intimation – Reg.

Kindly note the change of venue for the II-Division league match between Egmore Recreation Club and Indian Bank Sports and Recreation Club scheduled to be played on 19th February 2023 at Wahe Guru 'A' Ground.

The match will now be played on 19th February 2023 at Tagore College Ground.

Kindly note the change of venue and plan accordingly.

Yours faithfully,

(K. Shivakumar)

Hon. Jt. Secretary

TITLAN

TARORE MEDICAL COLLEGE & HOSPITAL

CHERCIAI-500 127.



THE TAMIL NADU CRICKET ASSOCIATION

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President:

Dr. P Ashok Sigamani

Hon. Secretary : Shri. R I Palani Hon. Treasurer : Shri. T J Srinivasaraj

Vice-President :

Shri. Adam Sait

Hon. Joint-Secretary : Shri, K Shivakumar Hon. Asst-Secretary :

06th July 2023

Dr. R N Baba

Ref. C-2/I-D1/MK-1/2023-2024

To

The Hon. Secretary, AG's Office Recreation Club, Chennai

The Hon. Secretary, Nelson Sports Club, Chennai

The Hon. Secretary, Young Stars Cricket Club, Chennai

The Hon. Secretary, Alwarpet Cricket Club, Chennai

The Hon. Secretary, Globe Trotters Sports Club, Chennai

The Hon. Secretary, Grandslam Cricket Club, Chennai

The Hon. Secretary, Mylapore Recreation Club (A), Chennai

The Hon. Secretary, Sea Hawks Cricket Club, Chennai

The Hon. Secretary, United Friends Cricket Club (T. Nagar), Chennai

The Hon. Secretary, Vijay Cricket Club, Chennai

The Hon. Secretary, Jolly Rovers Cricket Club, Chennai

The Hon. Secretary, India Pistons Cricket Club, Chennai

Dear Sir.

Sub: Revised: TNCA I-Division - League matches - Intimation - Reg.

Please note the change of dates for the First Division multiday league matches, as given below.

	VIJAY CC	Vs	INDIA PISTONS CC	CPT-IP (Turf)
19th 20th & 21st	AG'S OFFICE RC	Vs	YOUNGSTARS CC	SRMC (Turf)
July 2023	SEA HAWKS CC	Vs	GRANDSLAM CC	Tagore
(Wed/ Thu/Fri)	UFCC (T.NAGAR)	Vs	JOLLY ROVERS CC	IITM-Chemplast
(wea/ inu/rii)	NELSON SC	Vs	ALWARPET CC	Wahe Guru 'A'
	MRC 'A'	- Vs	GLOBE TROTTERS SC	MRF-Pachaiyappas
	JOLLY ROVERS CC	Vs	NELSON SC	IITM-Chemplast
24th 25th& 26th	AG'S OFFICE RC	Vs	MRC 'A'	SSN
July 2023	GRANDSLAM CC	Vs	UFCC (T.NAGAR)	Wahe Guru 'A'
Mon/Tue/Wed)	INDIA PISTONS CC	Vs	ALWARPET CC	CPT-IP (Turf)
Mon/ rue/ weu/	YOUNGSTARS CC	Vs	SEA HAWKS CC	SRMC (Turf)
	GLOBE TROTTERS SC	Vs	VIJAY CC	MRF-Pachalyappas
	JOLLY ROVERS CC	Vs	ALWARPET CC	IITM-Chemplast
29th 30th & 3112	NELSON SC	Vs	GRANDSLAM CC	Wahe Guru 'A'
July 2023	INDIA PISTONS CC	Vs	GLOBE TROTTERS SC	CPT-IP (Turf)
(Sat/Sun/ Mon)	SEA HAWKS CC	Vs.	AG'S OFFICE RC	Tagore
TH 15 .5	VIJAY CC	Vs	MRC 'A'	SSN
	YOUNGSTARS CC	Vs	UFCC (T.NAGAR)	SRMC (Turf)
	SEA HAWKS CC	Vs	INDIA PISTONS CC	CPT-IP (Turf)
03rd 04th & 05th	JOLLY ROVERS CC	Vs	GLOBE TROTTERS SC	IITM-Chemplast
August 2023	VIJAY CC	Vš	ALWARPET CC	Tagore
(Thu/Fri/Sat)	YOUNGSTARS CC	Vs	MRC 'A'	SSN
	GRANDSLAM CC	Vs	AG'S OFFICE RC	TI-Murugappa
	UFCC (T.NAGAR)	Vs	NELSON SC	Wahe Guru 'A'
	NELSON SC	Vs	SEA HAWKS CC	Wahe Guru 'A'
08th 09th & 10th	GRANDSLAM CC	Vs	VIJAY CC	TI-Murugappa
August 2023	ALWARPET CC	Vs	AG S OFFICE RC	IITM-Chemplast
Tue/Wed/Thu)	GLOBE TROTTERS SC	Vs	UFCC (T.NAGAR)	MRF-Pachaiyappas
. activeat that	JOLLY ROVERS CC	Vs	YOUNGSTARS CC	SRMC (Turf)
	A CONTRACTOR OF THE PARTY OF TH		A commence of the commence of	CPT-IP (Turf)

The last date of for filling Transfer form is extended till 14th July 2023.

You are requested to note the above revised dates and plan to play accordingly

Wishing all the teams' good lock

yours traphfully



THE TAMIL NADU CRICKET ASSOCIATION

(AFFILIATED TO THE BOARD OF CONTROL FOR CRICKET IN INDIA)

M.A. CHIDAMBARAM STADIUM, VICTORIA HOSTEL ROAD, CHEPAUK, CHENNAI - 600,005.

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Hon, Joint-Secretary : Shri, K Shivakumar Hon, Treasurer : Shri, T J Srinivasaraj

Hon. Asst-Secretary : Or. A N Baba

15/09/2022

TO WHOMSOVER IT MAY CONCERN

This is to certify that Tagore Medical College & Hospital is maintaining a good Turf Wicket cricket ground with adequate facilities.

The Tamilnadu Cricket Association is utilizing the ground for All Divisions (I to VI) League Matches and State teams preparations in this ground.

We wish them all the very best for their future Endeavour's.

Joint Secretary,

TNCA



RATHINAMANGALAM, CHENNAI - 127

ANNUAL SPORTS MEET



REPORT

DEPARTMENT OF PHYSICAL EDUCATION



Rathinamangalam, Melakotaiyur (PO), Chennai - 600127

The Management, Dean, Staff and Students are Cordially Invite you for the

3rd ANNUAL SPORTS DAY - PORKALAM' 2019

29th, November 2019 (Friday) at 10.30 a.m. in the College Premises

Chief Guest

JAYASANKAR MENON

(Asian All Star Basketball Player & Former Indian Team Captain)

has kindly Consented to be The Chief Guest and give away the prizes

Prof.Dr. M. MALA, M.A., M.Phil.,Ph.D., Chairperson & Managing Trustee

Shri.G.MANIKANDAN

Secretary, Tagore Educational Trust.

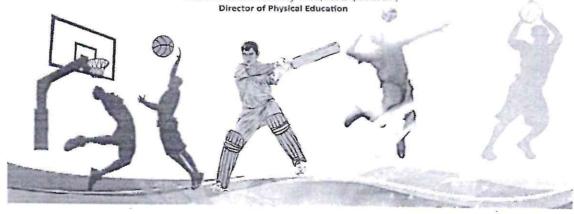
will preside over the function

Dr. K. SIVAPRAKASAM, M.S.,
Medical Superintendent

Dr. N. GUNASEKARAN, M.D., DTCD.,

Dear

Mr. R.RAGUNATH, M.A., M.PEd, m M.Phil.,





RATHINAMANGALAM, CHENNAI - 127.

DEPARTMENT OF PHYSICAL EDUCATION

SPORTS ACHIEVEMENTS 2018-2019

S.NO.	YEAR	NAME & EVENT	POSITION	VENUE & LEVEL OF THE EVENT
1.	2018	KARATE : S.SURYAPRAKASH - IV	GOLD	TAMILNADU SENIOR STATE KARATE
		Secretary and the secretary of the secretary and the secretary and the secretary of the sec		CHAMPIONSHIP HELD AT JJ
				STADIUM, CHENNAI
2.	2018	KARATE : S.SURYAPRAKASH - IV		REPRESENTED FOR TAMILNADU
		Assignation in Colonia and Colonia and Colonia in Colon		STATE IN SENIOR NATIONAL
				KARATE CHAMPIONSHIP' 2018
				HELD AT NETAJI SUBASH CHANDRA
				BOSE STADIUM, KOLKATA.
3.	2018	CARROM – WOMEN		INTER MEDICAL – STATE LEVEL,
٥.	2010	K.NAGADIVYA-CRRI, & M.RAMYA-	1	Organised by Karpagavinayaga
		CRRI		Institute of Medical Sciences.
4.	2018	CARROM – WOMEN		INTER MEDICAL – STATE LEVEL,
ч,	2010	S.ARCHANA-CRRI & E.OVIYA-IV	11	Organised by Karpagavinayaga
		STATICITY OF GREEN CONTROL		Institute of Medical Sciences.
5.	2018	CHESS – WOMEN		INTER MEDICAL – STATE LEVEL,
Э.	2010	P.MONISHA – CRRI	III	Organised by Karpagavinayaga
		1.WOTHSTITE CHAIN		Institute of Medical Sciences.
6.	2018	CARROM – WOMEN		INTER MEDICAL – STATE LEVEL,
0.	2010	K.NAGADIVYA-CRRI, & M.RAMYA-	1 1	Organised by Stanly Medical
		CRRI		College.
7.	2018	CHESS – WOMEN		INTER MEDICAL – STATE LEVEL,
₹ 6.•0	2010	P.MONISHA-CRRI		Organised by Stanly Medical
		1 .Wordship card	,	College.
8.	2018	BADMINTON -MEN	WINNER	INTER MEDICAL – STATE LEVEL,
0.	2010	N.SANTHOSH -IV &		Organised by-TIMS ENCHIERIO
		K.SANTHANA KRISHNAN -II		MADRAS MEDICAL COLLEGE
		DAVE MATHEW-II		
9.	2018	BADMINTON -MEN	RUNNER	INTER MEDICAL – STATE LEVEL,
٦.	2010	N.SANTHOSH -IV &	HOMEN	Organised by-VELLORE MEDICAL
		K.SANTHANA KRISHNAN -II		COLLEGE
		DAVE MATHEW-II		COLLEGE
10.	2018	FOOTBALL-MEN	RUNNER	INTER MEDICAL – STATE LEVEL,
10.	2010	1001bAECIVICIT	, to the to	Organised by-CHETTINAD MEDICAL
				S. Barrisca by Crief File A Michigan

	1			COLLEGE CHETFUSION
11.	2018	BADMINTON -MEN	RUNNER	INTER MEDICAL – STATE LEVEL,
		N.SANTHOSH -IV &		Organised by-CHENGALPATTU
		K.SANTHANA KRISHNAN -II		MEDICAL COLLEGE
		DAVE MATHEW-II		
12.	2018	CRICKET	THIRD	INTER MEDICAL – STATE LEVEL
		2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 -	POSITION	Organised by Stanly Medical
				College.
13.	2019	CRICKET	THIRD	AFFINITY 2019 INTER MEDICAL –
10.	2013	Chicker	POSITION	STATE LEVEL, Organised by
			OSITION	KARPAGA VINAYAGA
				INTERMEDICAL COLLEGE
14.	2019	CARROM	THIRD	AFFINITY 2019 INTER MEDICAL -
14.	2019	CARROW	POSITION	STATE LEVEL, Organized by
		2	FOSITION	KARPAGA VINAYAGA
				INTERMEDICAL COLLEGE
15.	2019	BADMINTON - WOMEN		SURVIVA 2019 INTER MEDICAL -
13.	2019	Y,KEETHANA-II & R.RENITA-II	WINNER	STATE LEVEL Organised by -GOVT
		TARLETTIANA-II & IV.NEIVITA-II	VYIIVIALIK	MEDICAL COLLEGE OMANDUR
16.	2019	BADMINTON -MEN	THIRD	SURVIVA 2019 INTER MEDICAL -
10.	2015	N.SANTHOSH -IV &	THIND	STATE LEVEL Organized by -GOVT
		The A reserve on these was property on the		
		K.SANTHANA KRISHNAN -II		MEDICAL COLLEGE OMANDUR
17.		ATHELTICS:-	1	STANLEA 2019 INTER MEDICAL -
		DISCUS -WOMEN		STATE LEVEL Organized by -GOVT
		KEETHANA-II		STANLEY MEDICAL COLLEGE)
	-	SHOTPUT- WOMEN	I	
		KEERTHANA-II		
18.	2019	BADMINTON -MEN	RUNNER	STANLEA 2019 INTER MEDICAL -
		N.SANTHOSH- IV &		STATE LEVEL Organized by -GOVT
		K.SANTHANA KRISHNAN- II		STANLEY MEDICAL COLLEGE)
19.	2019	KARATE:	GOLD	TAMILNADU SENIOR STATE KARA
		S.SURYAPRAKASH - IV		CHAMPIONSHIP-2019 HELD AT JJ
			1.0	STADIUM, CHENNAI
20.	2019	KARATE:	THIRD	REPRESENTED FOR TAMILNADU
		SURYA PRAKASH - IV	POSITION	STATE IN SENIOR NATIONAL
				KARATE CHAMPIONSHIP-2019
				HELD AT NEW DELHI
21.	2019	BADMINTON -MEN	RUNNER	INTER MEDICAL - STATE LEVEL,
		N.SANTHOSH- IV &		Organized by GOVT. VILLUPURAN
		K.SANTHANA KRISHNAN-II		MEDICAL COLLEGE
22.	2019	ATHELTICS:		AADUGALAM 2K19 INTER MEDIC
		SHOTPUT	WINNER	- STATE LEVEL, Organized by
		KEERTHANA-II	RUNNER	KILPAUK MEDICAL COLLEGE
		' HANSCIE DINAH-II		
	2019	TABLE TENNIS (MENS)	THIRD	AADUGALAM 2K19 INTER MEDIC
23.	2010	1	1111110	HADOGALANI ZKIS INTER INFEDIC



	T	VIJAY BHARATH-III	T	KILPAUK MEDICAL COLLEGE
	2010		THIRD	AADUGALAM 2K19 INTER MEDI
24.	2019	BADMINTON -WOMEN	POSITION	- STATE LEVEL, Organized by
		Y.KEETHANA-II	POSITION	
	<u> </u>	& R.RENITA-II		KILPAUK MEDICAL COLLEGE
25.	2019	BADMINTON -MENS		INTER MEDICAL – STATE LEVEL,
		N.SANTHOSH -IV &	THIRD	Organized by GOVT. THANJAVUI
		VIGNESH RAM -II	POSITION	MEDICAL COLLEGE TOURNAMEN
26.	2019	ATHELTICS		MMC (ENCIERO) INTER MEDICA
	1	SHOTPUT		STATE LEVEL, Organized by Mad
	1	KEERTHANA-II	1	medical college Chennai,
		HANSCIE DINAH-II	111	39
27.	2019	BADMINTON -MENS	THIRD	MMC (ENCIERO) INTER MEDICA
		N.SANTHOSH-IV &	POSITION	STATE LEVEL, Organized by Mad
		K.SANTHANA KRISHNAN-II		medical college Chennal,
		ARUL XAVIER-CRRI		
28.	2019	FOOTBALL	THIRD	MMC (ENCIERO) INTER MEDICA
			POSITION	STATE LEVEL, Organized by Mad
				medical college Chennai,
29.	2019	TABLE TENNIS	THIRD	MMC (ENCIERO) INTER MEDICA
		VIJAY BHARATH-II	POSITION	STATE LEVEL, Organized by Mad
		ABINANTH DEEPAK-IV		medical college Chennai,
30.	2019	TABLE TENNIS	Jana de la Carta d	INTER MEDICAL – STATE LEVEL,
		SINGLES: VIJAY BHARATH-II	RUNNER	Organized by MELMARUVATHU
				AADI PARASHAKTHI INSTITUTIOI
				OF MEDICAL SCIENCE
31.	2019	DOUBLES:	RUNNER	INTER MEDICAL - STATE LEVEL,
33.		VUAY BHARATH-II &	KOMILIK	Organized by MELMARUVATHU
		AJITH		AADI PARASHAKTHI INSTITUTION
		1.321111		OF MEDICAL SCIENCE
32.	2019	RELAY-MEN	THIRD	INTER MEDICAL – STATE LEVEL,
		VIGNESH RAM-II, VIGNESH -II	Titalio	Organized by CHETTINAD MEDIC
		JAYASURYA-II, LOHESH.V-II		COLLEGE
33.	2019	TABLE TENNIS	RUNNER	INTER MEDICAL – STATE LEVEL,
		DOUBLES:		Organized by CHETTINAD MEDIC
		VIJAY BHARATH-II &		COLLEGE
		ABINANTH-IV		
34.		TABLE TENNIS	RUNNER	MMC (ENCIERO) INTER MEDICAL
		SINGLES: VIJAY BHARATH-II		STATE LEVEL, Organized by Madr
35.	2019	TABLE TENNIS	RUNNER	medical college Chennai
JJ.	An V di U	MIXED DOUBLES:	KONNEK	MMC (ENCIERO) INTER MEDICAL
		VIJAY BHARATH-II & NAVEENA -CRRI		STATE LEVEL, Organized by Madr medical college Chennai.



DEPARTMENT OF PHYSICAL EDUCATION 3rd ANNUAL SPORTS MEET - PORKALAM' 2019

Student's event

S. NO	EVENTS FOR MEN	SCHEDULED DATES	S. NO	EVENTS FOR WOMEN	SCHEDULED DATES
01	CHESS	Sep 18 - Sep 19	01	CARROM	Sep 18 - Sep 19
02	FOOTBALL (5 A SIDE)	Sep 18 - Sep 21	02	THROW BALL	Sep 18 - Sep 20
03	TABLE TENNIS	Sep 30 - Oct 2	03	CHESS	Sep 20 - Sep 21
04	CARROM	Sep 20 - Sep 21	04	KHO-KHO	Sep 20 - Sep 21
05	CRICKET	Sep 30 - Oct 3	05	TABLE TENNIS	Sep 30 - Oct 2
06	VOLLEY BALL	Sep 26 - Sep 28	06	BADMINTON	Oct 1 - Oct 2
07	BADMINTON	Oct 1 - Oct 2	07	ATHLETICS	Oct 2 - Oct 4
80	ATHLETICS	Oct 2 - Oct 4			
		STAFF	EVEN	VT	
01	CRICKET	Oct 11	01	THROW BALL	Oct 11
02	CARROM	Oct 9	02	TABLE TENNIS	Oct 9
03	CHESS	Oct 10	03	CARROM	Oct 10
04	TABLE TENNIS	Oct 4	04	CHESS	Oct 4
05	BADMINTON	Oct 1 - Oct 2	05	BADMINTON	Oct 1- Oct 2

RULES AND REGULATIONS

- 1. Indoor Games: Chess and Carrom Knock out basis (Men-2: Women-2) teams allowed per batch. Badminton and Table Tennis League basis (Men-1: Women-1) team allowed per batch.
- 2. Outdoor Games: League basis (Men-1: Women-1) team allowed per batch.
- 3. Athletics: A Student can participate only in 3 events (2 Track & 1 Field or 1 Track & 2 Field) excluding relay events. 100 meters & 200 meters Race only 3 entries allowed per batch. For other events no restrictions in entries.
- 4. Umpire decision is final.

SPORTS SECRETARIES: MEN: Gowtham surya.D

WOMEN:

Naveena.M

S.NO.	YEAR		CAPTAIN'S NAME
		MEN	WOMEN
01	CRRI	D.Gowtham surya	Naveena.M
02	FINAL	Arul raj.B	Swetha.E
03	THIRD	Harish kumar.S	Devidharshini
04	SECOND	Gautham,J	Dorothy
05	SECOND (NEW)	Harish V	Percy Mary Varghese
UK —	FIRST	Jayasurya	Missba Missba

TAGORE MEDICAL COLLEGE AND HOSPITAL

RATHINAMANGALAM, CHENNAI - 127.

DEPARTMENT OF PHYSICAL EDUCATION

3rd ANNUAL SPORTS MEET - PORKALAM' 2019

ATHLETICS

S. NO	EVENTS FOR MEN	SCHEDULED DATES	S. NO	EVENTS FOR WOMEN	SCHEDULED DATES
01	100 METERS	Oct 2 - Oct 4	01	100 METERS	Oct 2 - Oct 4
02	200 METERS	Oct 2 - Oct 4	02	200 METERS	Oct 2 - Oct 4
03	400 METERS	Oct 2 - Oct 4	03	400 METERS	Oct 2 - Oct 4
04	1500 METERS	Oct 2 - Oct 4	04	800 METERS	Oct 2 - Oct 4
05	SHOTPUT	Oct 2 - Oct 4	05	SHOTPUT	Oct 2 - Oct 4
06	DISCUS	Oct 2 - Oct 4	06	DISCUS	Oct 2 - Oct 4
07	JAVELIN	Oct 2 - Oct 4	07	JAVELIN	Oct 2 - Oct 4
08	4X100 METERS RELAY	Oct 2 - Oct 4	08	4X100 METERS RELAY	Oct 2 - Oct 4
09	4X200 METERS RELAY	Oct 2 - Oct 4	09	4X200 METERS RELAY	Oct 2 - Oct 4
10	4X1	00 METERS MIXED	MEDLE	Y RELAY Oct 2 - Oct 4	

RULES AND REGULATIONS

Athletics: A Student can participate only in 3 events (2 Track & 1 Field or 1 Track & 2 Field) excluding relay events. 100 meters & 200 meters Race only 3 entries allowed per batch. For other events no restrictions in entries. Relay events 1 entries allowed per batch.

POINTS:-

GAMES:

WINNER - 40 POINTS & RUNNER - 30 POINTS

ATHLETICS:

FIRST - 10 POINTS, SECOND - 07 POINTS & THIRD - 04 POINTS

RELAY: FIRST - 20 POINTS, SECOND - 15 POINTS & THIRD - 10

POINTS



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DEPARTMENT OF PHYSICAL EDUCATION

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TAGORE MEDICAL COLLEGE & HOSPITAL RATHINAMANGALAM, MELAKOTTAIYUR POST,

CHENNAI-600 127.

3rd ANNUAL SPORTS MEET - PORKALAM' 2019

		STAFF EVEN	NT Sch	nedule	
S.	EVENTS FOR MEN	DATE	S.	EVENTS FOR WOMEN	DATE
OS.	N O RROM	14/11/2019	01	CHESSMEN	14/11/2019
02	CHESS	15/11/2019	. 02	CARROM	
03	VOLLEYBALIEVENT	19/11/2019	LIAIA	ERBLE TENNIS RU	NNER/2019
04	CRICKET	21/11/2019	04	THROW BALL	18/11/2019
05	ATHLETICS – 100 Mts.Race	20/11/2019	05	ATHLETICS – 50 Mts.Race	20/11/2019

TIME

: 3.00 PM.

VENUE: Rakshana Sports Complex, Tagore Medical College and Hospital,



TAGORE MEDICAL COLLEGE AND HOSPITAL

RATHINAMANGALAM, CHENNAI - 127.

DEPARTMENT OF PHYSICAL EDUCATION ANNUAL SPORTS MEET-PORKALAM - 2018-2019

1	CHESS	REBELLIONZZ-A	REBELLOIONZ-B
2	CARROM	DEXTROGANS-A	DEXTROGANS-B
3	TABLE TENNIS	ELIXIRS	TROEZIANZ
4	VOLLEY BALL	EXCELSIORS	DEXTROGANS
5	CRICKET	DEXTROGANS	EXCELSIORS
6	FOOTBALL	ELIXIRS	REBELLIONZZ
7	BADMINTON	EXCELSIORS	DEXTROGANS

S.NO.		WOMEN			
	EVENT	WINNER	RUNNER		
1	CHESS	EXCELSIORS	TROEZIANZ		
2	CARROM	TROEZIANZ	REBELLIONZZ		
3	TABLE TENNIS	TROEZIANZ	ZENOLANTZ		
4	THROWBALL	ELIXIRS	TROEZIANZ		
5	кно-кно	DEXTROGANS	REBELLIONZZ		
6	BADMINTON	EXCELSIORS	REBELLIONZZ		



RATHINAMANGALAM, CHENNAI - 127.

DEPARTMENT OF PHYSICAL EDUCATION

3rd ANNUAL SPORTS MEET – PORKALAM' 2019

<u>ATHLETIC RESULTS</u>

MEN

EVENTS	1 ST POSITION	2 ND POSITION	3 RD POSITION
100mts	VIGNESH RAM.S-II Yr	AAKASH.K-IV Yr	ARAVINDH-IV Yr
200mts	AKASH.K-IV Yr	ARAVINTH-IV Yr	LOKESH.V-II Yr
400mts	GOKUL JAYASURYA.M-IV Yr	PRAJESH.R-IV Yr	VIGNESH.V-II Yr
1500mts	LEYASKAR DHINAKARAN PAUL -IV Yr	PRAJESH -IV Yr	SATHISH KUMAR.S -II Yr
SHOT PUT	BALA MURALI -IV Yr	HARITHARAN -II Yr	RAJA GANAPATHY -III Yr
DISCUS	RAJA GANAPATHY -III Yr	BALA MURALI -IV Yr	HARITHARAN -II Yr
JAVELIN	CHOZHAN -IV Yr	SANTHAKUMAR -III Yr	JAYA SURYA -I Yr
4X100 RELAY	FINAL YEAR ARAVINDH, SANTHOSH.N, GOKUL JAYASURYA AAKASH	SECOND YEAR OLD VIGNESH RAM, VIGNESH, LOKESH, JAYASURA	SECOND YEAR NEW PAVITHRAN, ABHIMANYU, THIRUVALLUVAN, SAMPAUL
1	FINAL YEAR AAKASH, ARAVINTH, GOKUL JAYASURYA, T.ARUNKUMAR	SECOND YEAR OLD VIGNESH RAM, VIGNESH, LOKESH, JAYASURA	SECOND YEAR NEW HARI KRESHNA, ABHIMANYU, THIRUVALLUVAN, DANESH INDER

WOMEN

EVENTS	1 ST POSITION	2 ND POSITION	3 RD POSITION
100mts	KAVIYA LAKSHMI.D-II Yr	JAYALAKSHMI.C-II Yr	K.SURYA-IV Yr
200mts	POOJA.V -II Yr	SURYA-IV Yr	RAJA VIGNESHWARI.B-
400mts	SITHITHOORSINAL.Z-IV Yr	PRABAVATHI.R-IV Yr	HARSHITA SATYA-II Yı

800mts	UDHAYA LAKSHMI.D -II Yr	ANCY.R KAVYA -II Yr	SINDHU -IV Yr
SHOTPUT	KEERTHANA.Y -II Yr	HANSCIE DINAH -II Yr	R.DHARANI –III Yr
DISCUS	KEERTHANA.Y -II Yr	M.DHARANI -III Yr	DOROTHY –II Yr
JAVELIN	MADHUMITHA -IV Yr	KEERTHANA –I Yr	HANSCIE-II Yr
4X100	SECOND YEAR OLD	FINAL YEAR	THIRD YEAR
RELAY	KAVIYA	SURYA	ELAKYIA.G
and the difference of the delivery control of the c	DORATHY	NEVIYA	GEETHIKA.N
	JAYALAKSHMI	PRABAVATHI	DEEPA.K
	POOJA	RAJAVIGNESHWARI	DHARANI.M
4X200	SECOND YEAR OLD	FINAL YEAR	THIRD YEAR
RELAY	KAVIYA	SURYA	ELAKYIA.G
I CLUSTOF I	DORATHY	SINDHU.A	GEETHIKA.N
	JAYALAKSHMI	PRABAVATHI.R	DEEPA.K
	POOJA	SITHITHOORSINAL.Z	DHARANI.M

MIXED RELAY

4X100	SECOND YEAR OLD	FINAL YEAR	
MIXED	KAVIYA LAKSHMI	SURYA	
RELAY	V.LOGESH	ARAVINDH	
	POOJA.V	RAJAVIGNESHWARI	
O TOTAL	VIGNESH RAM	AKASH.K	
	·····		



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DEPARTMENT OF PHYSICAL EDUCATION

3rd ANNUAL SPORTS MEET – PORKALAM' 2019 <u>GAME RESULTS</u>

MEN

BADMINTON

		RUNNER
	WINNER	
S.NO.		FINAL YEAR

	SECOND YEAR (OLD)	- Live
1.	SANTHANAKRISHNAN	SANTHOSH. N
2.	DAVE MATHEW	PRADEEP
3.	VIGNESH RAM	RAHUL KANNAN
4.		ANIRUDH NARAYANAN

CARROM

s.NO.	WINNER	RUNNER
	FINAL YEAR	FINAL YEAR
1.	RAHUL KANNAN	SATHISH SHARMA
2.	MANI RAJ	GOKULAKANNAN
3.	YUVARAJ	KATHIKEYAN. S

CHESS

S.NO.	WINNER	RUNNER
	FIRST YEAR	FIRST YEAR
1.	PRASHANT	DHANUSH

CRICKET

S.NO.	WINNER	RUNNER
	FINAL YEAR	SECOND YEAR (OLD)
1.	CHOZHAN R	VIGENSHWAR
2.	ARUL RAJ	JAWAHAR. V

DEAN

	SANTHOSH.N	JEYASURYA.S
4.	AAKASH	
5.	AARASH	DINESH. P
	ARUN	GOUTHAM. J
6.	RAHUL KANNAN	GAUTHAM. S
7.	ARAVIND	NEERAJ. N
8.	KARTHIKEYAN	ELANDEVAN. E
9.	IRAI ANBU	AMRITH RAM
10.	MANI RAJ	
11.		LOGESH. V
12.	GOKULAKANNAN	VIKAS KUMAR
13.	GOKUL JAYASURYA	VIGNESH RAM
	ANGUMUGUNTHAN	ASWIN. T M
14.	DINESH RAJ. R K	EASHWAR, Y
15.	RAHUL GANESH. L	BASHWAR, I

FOOTBALL

S.NO.	WINNER	RUNNER
	THIRD YEAR	FIRST YEAR
	MAADHAVAN	ABOO FERNESS ALI. J
311111	BARATH KOUSIK	SHRIVATHSAN, S
	RAJA GANAPATHY	VENKATESH. A
	SANTHAKUMAR	HARI HARA SUDHAN. T
- IMPR	GOPIRAM	TARUN. M D
	VEERAMANI	SUJEETH. S

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	DEEPAKRAGHAVAN	SRIPATHI	
8.	KARTHIKRAM	NITHIN. O N	

TABLE TENNIS

s.NO.	WINNER	RUNNER
	THIRD YEAR	CRRI
1.	VIJAY BHARATH	GOWTHAM SURYA. D
2.	SAMAYAPRAN BISWAS	KISHORE. M

VOLLEYBALL

s.no.	WINNER	RUNNER
	SECOND YEAR (OLD)	FINAL YEAR
1.	ASWIN.T.M	CHOZHAN. R
2.	GOWTHAM.J	BALAMURALI
3.	SANTHANAKRISHNAN	ARAVINDH
4.	SARAVANA KUMAR.S.D	AAKASH
5.	PAWANSAI	GOKULAKANNAN
6.	GUNARANJAN	SARAVANANATHAN
7.	MASILAMANI	ABISHEK
8.	VIGNESH RAM .S	PRADEEP. S

WOMEN

BADMINTON

S.NO.	WINNER	RUNNER

	SECOND YEAR (OLD)	FIRST YEAR
1.	KEERTHANA.Y	SVASHMI. B
2.	RENITA JACOB	MISSBA. B

CARROM

S.NO.	WINNER	RUNNER
	CRRI	FIRST YAER
1.	JANANEVISHALE	KEERTHANA PRIYADARSHINI
2.	OVIYA. E	MISSBA
3.		FASEEHA

CHESS

S.NO.	WINNER	RUNNER
	SECOND YEAR (OLD)	CRRI
1,	VINEKSHITHA	KAVITHA. P

TABLE TENNIS

s.no.	WINNER	RUNNER
W. W. C.	CRRI	SECOND YEAR (NEW)
1.	NAVEENA	NITHYA VARSHINI
2.	BHUVANESHWARI	PRAKALYA

THROWBALL

_		
S.NO.	WINNER	RUNNER

	THIRD YEAR	CRRI
1.	SHANMATHI	SUBHA
2.	OM SAI PRIYA	NAVEENA
3.	SHREE DEVI.S	KAVITHA
4.	DEVI THARSINI.S	SINDHUJA. E
5.	UDAYA.G	BHUVANESHWARI
6.	DHARANI	DEVISHREE
7.	SIVA KALA	AKHSHAYA PONSUBA
8.	SREE MATHI	KEERTHANA. R
9.	POOJA	KODHAI SIVANAYAGI
10.	SWETHA. M	SRI SHARMILA
11.	GEETHIKA	
12.	VEDHANAYGI	

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S.NO.	WINNER	RUNNER	
5.110.	FINAL YEAR	FIRST YEAR	
1.			
	HARSHAVARTHINI. R	HARSHA	
2.			
	NEVIYA, D	AMUDHA	
3.			
	PRABAVATHI. R	MISSBA	
4.		The state of the s	
	SITHI THOORSINAL. Z	DHAIVANAI	

	SHWETAA LAKSHMI. R	NIVETHA
6.	NANDHINI.A	APARNA. A M
7,	SURYA. K	SHREE GAYATHREE
8.	VIDHYAVATHI. G S	KAREN SYIVIA
9.	POONGODI. G	SHOBIKA
10.	PRIYANKA. S	NEETHU
11.	VAISHIKA	



RATHINAMANGALAM, CHENNAI - 127.

DEPARTMENT OF PHYSICAL EDUCATION

SPORTS

We are having a beautiful and lush green cricket ground with practice nets, other outdoor and indoor facilities such as Football, Volleyball, Throwball, Chess, Carom, Kho-Kho, Kabaddi, Table Tennis, Tennikoit, Athletics and Individual Sports.

with these facilities every year we organizing the state level inter collegiate staff T/20 cricket tournament. we organized state level inter school chess tournaments, state level inter professional cricket tournament for college students, state level inter school volleyball, basketball, kho-kho, throwball and cricket tournament for boys & girls.

Our college students are effectively participating all sports and games in extramural tournaments such as international, nationals, state and state level inter medical tournaments and they bring the name and fame to our college.

YEAR	NAME OF THE EVENT	POSITION	TOURNAMENT & VENUE
2021	CARROM –MENS SANTHA KUMAR-CRRI & MOHANAVEL –CRRI	WINNER	MEDINFINITY 2.0 INTER MEDICAL – STATE LEVEL, Organised by IMA at KARPAGA VINAYAGA INTERMEDICAL COLLEGE
2021	CARROM –MENS GOWTHAM-IV & JAWAHAR -IV	RUNNER	MEDINFINITY 2.0 INTER MEDICAL – STATE LEVEL, Organised by IMA at KARPAGA VINAYAGA INTERMEDICAL COLLEGE
2021	CARROM – WOMEN KEERTHANA PRIYADHARSHINI-II & RAKSHANA- IV	WINNER	MEDINFINITY 2.0 INTER MEDICAL – STATE LEVEL, Organised by IMA at KARPAGA VINAYAGA INTERMEDICAL COLLEGE
2019	CRICKET	SEMI FINALS	AFFINITY 2019 INTER MEDICAL – STATE LEVEL, Organised by KARPAGA VINAYAGA

DEAN

			INTERMEDICAL COLLEGE
2019	CARROM	SEMI FINALS	AFFINITY 2019 INTER MEDICAL – STATE LEVEL, Organised by KARPAGA VINAYAGA INTERMEDICAL COLLEGE
2019	BADMINTON - WOMEN Y.KEETHANA-II & R.RENITA-II	WINNER	SURVIVA 2019 INTER MEDICAL – STATE LEVEL Organised by - GOVT. MEDICAL COLLEGE OMANDUR
2019	BADMINTON -MEN N.SANTHOSH -IV & K.SANTHANA KRISHNAN -II	THIRD	SURVIVA 2019 INTER MEDICAL — STATE LEVEL Organised by - GOVT. MEDICAL COLLEGE OMANDUR
	ATHELTICS:- DISCUS -WOMEN KEETHANA-II SHOTPUT- WOMEN	GOLD	STANLEA 2019 INTER MEDICAL – STATE LEVEL Organised by - GOVT. STANLEY MEDICAL COLLEGE)
2019	KEERTHANA-II BADMINTON -MEN N.SANTHOSH- IV & K.SANTHANA KRISHNAN- II	GOLD RUNNER	STANLEA 2019 INTER MEDICAL – STATE LEVEL Organised by - GOVT. STANLEY MEDICAL COLLEGE)
2019	KARATE: S.SURYAPRAKASH - IV	GOLD	TAMILNADU SENIOR STATE KARATE CHAMPIONSHIP-2019 HELD AT JJ STADIUM, CHENNAI
2019	KARATE: SURYA PRAKASH - IV	SEMI FINAL	REPRESENTED FOR TAMILNADU STATE IN SENIOR NATIONAL KARATE CHAMPIONSHIP-2019 HELD AT NEW DELHI
2019	BADMINTON -MEN N.SANTHOSH- IV & K.SANTHANA KRISHNAN-II	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by GOVT. VILLUPURAM MEDICAL COLLEGE
2019	ATHELTICS: SHOTPUT KEERTHANA-II HANSCIE DINAH-II	WINNER RUNNER	AADUGALAM 2K19 INTER MEDICAL – STATE LEVEL, Organised by KILPAUK MEDICAL COLLEGE
2019	TABLE TENNIS (MENS) ABINANTH DEEPAK-IV & VIJAY BHARATH-III	SEMI FINAL	AADUGALAM 2K19 INTER MEDICAL – STATE LEVEL, Organised by KILPAUK MEDICAL COLLEGE
2019	BADMINTON -WOMEN Y.KEETHANA-II & R.RENITA-II	SEMI FINAL	AADUGALAM 2K19 INTER MEDICAL – STATE LEVEL, Organised by KILPAUK MEDICAL COLLEGE
2019	BADMINTON -MENS N.SANTHOSH -IV &		INTER MEDICAL – STATE LEVEL, Organised by GOVT. THANJAVUR

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	MICHELL DAMA II		MEDICAL COLLEGE
	VIGNESH RAM -II	SEMI	MEDICAL COLLEGE
	N.	FINAL	TOURNAMENT
2019	ATHELTICS		MMC (ENCIERO) INTER MEDICAL
	SHOTPUT		- STATE LEVEL, Organised by
	KEERTHANA-II		Medras medical college chennai,
	HANSCIE DINAH-II	GOLD	
	4	SILVER	
2019	BADMINTON -MENS	SEMI	MMC (ENCIERO) INTER MEDICAL
	N.SANTHOSH-IV &	FINAL	- STATE LEVEL, Organised by
	K.SANTHANA KRISHNAN-II	FINAL	Medras medical college chennai,
	ARUL XAVIER-CRRI		produced and quality conjugate grant and a second of the second s
2019	FOOTBALL	SEMI	MMC (ENCIERO) INTER MEDICAL
		FINAL	- STATE LEVEL, Organised by
		LIIVAL	Medras medical college chennai,
2010	TABLE TENANG		The second secon
2019	TABLE TENNIS	SEMI	MMC (ENCIERO) INTER MEDICAL
	VIJAY BHARATH-II	FINAL	-STATE LEVEL, Organised by
	Abinanth Deepak-IV		Medras medical college chennai,
2019	TABLE TENNIS		INTER MEDICAL – STATE LEVEL,
	SINGLES: VIJAY BHARATH-II		Organised by MELMARUVATHUR
		RUNNER	AADI PARASHAKTHI INSTITUTION
			OF MEDICAL SCIENCE
			OF WEDICAE SCIENCE
2019	TABLE TENNIS DOUBLES:	RUNNER	INTER MEDICAL – STATE LEVEL,
	VIJAY BHARATH-II &	HOMEN	Organised by MELMARUVATHUR
	AJITH		AADI PARASHAKTHI INSTITUTION
·		- Secondarity House Cons.	OF MEDICAL SCIENCE
2019	RELAY-MEN	THIRD	INTER MEDICAL - STATE LEVEL,
	VIGNESH RAM-II, VIGNESH -II		Organised by CHETTINAD
	JAYASURYA-II, LOHESH.V-II		MEDICAL COLLEGE
2019	TABLE TENNIS	RUNNER	INTER MEDICAL – STATE LEVEL,
	DOUBLES:		Organised by CHETTINAD
	VIJAY BHARATH-II &		MEDICAL COLLEGE
	Abinanth-IV		
2019	TABLE TENNIS	RUNNER	MMC (ENCIERO) INTER MEDICAL
	SINGLES: VIJAY BHARATH-II		- STATE LEVEL, Organised by
2010	1-0		Medras medical college chennai
2019	TABLE TENNIS	RUNNER	MMC (ENCIERO) INTER MEDICAL
	MIXED DOUBLES:		- STATE LEVEL, Organised by
	VIJAY BHARATH-II & NAVEENA -CRRI		Medras medical college chennai,
2018	KARATE: S.SURYAPRAKASH - IV		
2010	NAME : 3.3UNTAPKAKASH - IV	GOLD	TAMILNADU SENIOR STATE
			KARATE CHAMPIONSHIP HELD AT
2018	KARATE: S.SURYAPRAKASH - IV		JJ STADIUM, CHENNAI
-010	MANATE . S.SUNTARKAKASH - IV	3	REPRESENTED FOR TAMILNADU

			STATE IN SENIOR NATIONAL KARATE CHAMPIONSHIP' 2018 HELD AT NETAJI SUBASH CHANDRA BOSE STADIUM, KOLKATA.
2018	CARROM – WOMEN K.NAGADIVYA-CRRI, & M.RAMYA-CRRI	WINNER	INTER MEDICAL – STATE LEVEL, Organised by Karpagavinayaga Institute of Medical Sciences.
2018	CARROM – WOMEN S.ARCHANA-CRRI & E.OVIYA-IV	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by Karpagavinayaga Institute of Medical Sciences.
2018	CHESS – WOMEN P.MONISHA – CRRI	THIRD	INTER MEDICAL – STATE LEVEL, Organised by Karpagavinayaga Institute of Medical Sciences.
2018	CARROM – WOMEN K.NAGADIVYA-CRRI , & M.RAMYA-CRRI	WINNER	INTER MEDICAL – STATE LEVEL, Organised by Stanly Medical College
2018	CHESS – WOMEN P.MONISHA-CRRI	WINNER	INTER MEDICAL – STATE LEVEL, Organised by Stanly Medical College.
2018	BADMINTON -MEN N.SANTHOSH -IV & K.SANTHANA KRISHNAN -II DAVE MATHEW-II	WINNER	INTER MEDICAL – STATE LEVEL, Organised by-TIMS ENCHIERIO MADRAS MEDICAL COLLEGE
2018	BADMINTON -MEN N.SANTHOSH -IV & K.SANTHANA KRISHNAN -II DAVE MATHEW-II	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by-VELLORE MEDICAL COLLEGE
2018	FOOTBALL-MEN	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by-CHETTINAD MEDICAL COLLEGE CHETFUSION
2018	BADMINTON -MEN N.SANTHOSH -IV & K.SANTHANA KRISHNAN -II DAVE MATHEW-II	RUNNER	INTER MEDICAL — STATE LEVEL, Organised by-CHENGALPATTU MEDICAL COLLEGE
2018	CRICKET	SEMI FINALS	INTER MEDICAL – STATE LEVEL Organised by Stanly Medical College.
2017	CARROM – WOMEN K.NAGADIVYA-IV, & M.RAMYA-IV	WINNER	INTER MEDICAL – STATE LEVEL, Organised by Karpagavinayaga Institute of Medical Sciences.
2017	CARROM – WOMEN S.ARCHANA-IV & E.OVIYA-III	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by Karpagavinayaga Institute of Medical Sciences.
2017	BADMINTON – WOMEN MERLYN SNIKY-IV & AARTHY-IV	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by Karpagavinayaga

2017			Institute of Medical Sciences.
2017	CHESS – WOMEN		INTER MEDICAL – STATE LEVEL
	P.MONISHA – IV	THIRD	Organised by Karpagavinayaga
2047			Institute of Medical Sciences.
2017	ATHLETICS – WOMEN		
	DISCUS		
	SUSHMITHA – IV	GOLD	INTER MEDICAL - STATE LEVEL
	VINITA ANGELINE – IV	SILVER	Organised by Karpagavinayaga
	SHOTPUT	SILVER	Institute of Medical Sciences.
	VINITA ANGELINE – IV	PRONZE	
2017	TABLE TENNIS - WOMEN	BRONZE	
	M.NAVEENA – III & M.RAMYA - IV		INTER MEDICAL – STATE LEVEL,
	Maria Certifi Mi & W.MAIVII A - JV	RUNNER	
2017	CARROM - WOMEN	A CONTRACTOR OF THE CONTRACTOR	College & Hospital.
	K.NAGADIVYA-IV, & M.RAMYA-IV		INTER MEDICAL - STATE LEVEL,
	William Control of the Control of th	WINNER	, , , , , , , , , , , , , , , , , , , ,
2017	CARROM -MEN	-	College.
	S.SATHISH KUMAR-IV & P.K.SATHISH -	WINNER	
	IV		Organised by Kilpauk Medical
2017	CHESS - WOMEN		College.
	P.MONISHA	WINNER	
	7 (1000)	.4	Organised by Kilpauk Medical
2017	TABLE TENNIS – WOMEN	 	College.
	M.NAVEENA – III & M.RAMYA - IV	D	INTER MEDICAL - STATE LEVEL,
		RUNNER	Organised by Kilpauk Medical
2017	CARROM -MEN		College.
	S.SATHISH KUMAR-IV & P.K.SATHISH -	14/15/5/5/5	INTER MEDICAL - STATE LEVEL,
	IV IV	WINNER	Organised by Chengal pet
017	CARROM -MEN		Medical College.
	, and a second s	Diament -	INTER MEDICAL - STATE LEVEL,
		RUNNER	Organised by Chengalpet Medica
017	CARROM - WOMEN		College.
	K.NAGADIVYA-IV, & M.RAMYA-IV	MAMBIAINE	INTER MEDICAL - STATE LEVEL,
		WINNER	Organised by Chengalpet Medical
017	CHESS – WOMEN		College.
	P.MONISHA – IV	DITAINED	INTER MEDICAL - STATE LEVEL,
		RUNNER	Organised by Chengalpet Medical
016	KARATE – MEN	COLD	College.
	(S.SURYA PRAKASH)	GOLD	STATE: 33rd TAMILNADU STATE
			SUB JUNIOR CHAMPIONSHIP
			HELD AT KUMARAGURU COLLEGE
16	TABLE TENNIS – MEN	VALIBLES	OF TECHNOLOGY, COIMBATORE.
	(KARTHIK SUBASH, VIJAY THIRAVIAM &	WINNER	INTER MEDICAL - STATE LEVEL,
	FRANKLIN)		Organised by KARPAGA
		1	VINAYAGA INSTITUTE OF
16	CARROM - WOMEN	JA/INIE I ==	MEDICAL SCIENCES.
	(T.S.KEERTHANA & B.VINITHA)	WINNER	INTER MEDICAL - STATE LEVEL,
		1	Organised by KARPAGA

	-	T	TVINIAVA CA INCTITUTE OF
			VINAYAGA INSTITUTE OF
			MEDICAL SCIENCES.
2016	ATHLETICS – WOMEN		INTER MEDICAL – STATE LEVEL,
	SHOTPUT – J.K.KIRUBA	BRONZE	Organised by KARPAGA
	DISCUS – S.P.SUSMITHA	BRONZE	VINAYAGA INSTITUTE OF
			MEDICAL SCIENCES.
2016	KARATE – MEN	GOLD	NATIONAL: KAI NATIONAL
	(S.SURYA PRAKASH)		KARATE CHAMPIONSHIP HELD AT
			TALHOTRA INDOOR STADIUM,
2016	ATTUETION MENGMONTH		NEW DELHI.
2016	ATHLETICS – MEN&WOMEN		INTER MEDICAL – STATE LEVEL,
	TRIPLE JUMP: R. CHOZHAN	SILVER	Organised by STANLY MEDICAL
	JAVELIN: R.VINITA ANGELINE	GOLD	COLLEGE.
	1200 MTS: B.SOWMIYA	GOLD	
	800 MTS: B.SOWMIYA	GOLD	
	4*100 MTS RELAY:K.G.VIVAKKA, JARA	GOLD	
	SRUTHY, P.SARANYA & PREETHA.		
	SHOT PUT: R.VINITA ANGELINE		
	S.P.SUSMITHA	SILVER	
	DISCUS: S.P.SUSMITHA	BRONZE	
	4*100 MIXED MIDLEY RELAY:	SILVER	
	CHEZHIAN, ARUL, K.G.VIVAKKA &	Annecessary Serving	and the state of t
2016	P.SARANYA. CARROM – WOMEN	BRONZE	I I I I I I I I I I I I I I I I I I I
2016	CONTRACTOR OF THE SECTION OF THE SEC	WINNER	INTER MEDICAL – STATE LEVEL,
	(T.S.KEERTHANA & B.VINITHA)		Organised by STANLY MEDICAL
2016	TABLE TENRIC MICHAEN		COLLEGE.
2016	TABLE TENNIS – WOMEN	RUNNER	INTER MEDICAL – STATE LEVEL,
	(S.ASHWINI & M.NAVEENA)		Organised by STANLY MEDICAL
2016	CUESC WOMEN		COLLEGE.
2016	CHESS – WOMEN	RUNNER	INTER MEDICAL – STATE LEVEL,
	(P.MONISHA & M.KARTHIKA)		Organised by STANLY MEDICAL
2016	CHESS – MEN		COLLEGE.
2010	(SIVABALAN, HARIHARAN & SRINIVASA	THIRD	INTER MEDICAL – STATE LEVEL,
	RAMANAN)		Organised by STANLY MEDICAL
2016	ATHLETICS – MEN & WOMEN		COLLEGE.
2010	JAVELIN - R.VINITHA ANGELINE-III	CHACED	INTER MEDICAL – STATE LEVEL,
	DISCUS – S.P.SUSHMITHA-III	SILVER	Organised by Sri Ramachandra
	200 Mts. RUN-V, VELARASAN-III	BRONZE	University.
	LONG JUMP- R.CHOZHAN-I	SILVER	
	JAVELIN-V.VELARASAN-III	GOLD	
	V.ARUL-III	SILVER	
	4*100 Mts RELAY -	BRONZE	
	R.CHOZHAN, V.VELARASAN, V.ARUL &	SILVER	
	R.DINESH	2002-00-00-00-00-00-00-00-00-00-00-00-00	
2016	CARROM – MEN		
	A CONTRACTOR OF THE CONTRACTOR	was a second	ANNOTANA DE LA CONTRA DEL CONTRA DE LA CONTRA DEL CONTRA DE LA CONTRA DEL CONTRA DE LA CONTRA DEL CONTRA DE LA CONTRA DE L
	JEYABARATHI – CRRI & SANJAY	WINNER	INTER MEDICAL – STATE LEVEL,



	SHARMA – CRRI S.SATHISH KUMAR – III & SUBASH CHANDRA BOSE - III	RUNNER	Organised by Sri Ramachandra University.
2016	TABLE TENNIS – WOMEN M.NAVEENA – II, S.ASHWINI – CRRI & SUBASHREE - CRRI	THIRD	INTER MEDICAL – STATE LEVEL, Organised by Sri Ramachandra University.
2016	CHESS – WOMEN P.MONISHA – III	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by Sri Ramachandra University.
2016	FUTSAL – MEN R.A.ASHWIN ANNAMALAI – III, K.RAMSUNDAR – III, JAISUNDAR-II, S.VISVESHWARAN-II, LIASKAR DINAKAR PAUL-I, AAKASH-I & ARAVIND RAJ-I.	SEMI FINALS	INTER MEDICAL – STATE LEVEL, Organised by Sri Ramachandra University.
2016	TABLE TENNIS – MEN(STAFF) Mr.ANIL JENIFER – SYSTEM ADMINISTRATER	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by Sri Ramachandra University
2016	ATHLETICS – MEN & WOMEN JAVELIN – S.P.SUSHMITHA-III DISCUS – S.P.SUSHMITHA-III LONGJUMP – R.CHOZHAN-I JAVELIN-V.VELARASAN-III	SILVER GOLD GOLD SILVER	INTER MEDICAL – STATE LEVEL, Organised by Govt. Kilpauk Medical College.
2016	CARROM – MEN JAYABARATHI – CRRI & SANJAY SHARMA – CRRI	WINNER	INTER MEDICAL – STATE LEVEL, Organised by Govt. Kilpauk Medical College.
2016	CARROM – WOMEN T.S.KEERTHANA – CRRI & B.VINITHA – CRRI S.ARCHANA-III, K.NAGADIVYA-III & M.RAMYA - III	WINNER RUNNER	INTER MEDICAL – STATE LEVEL, Organised by Govt. Kilpauk Medical College.
2016	TABLE TENNIS – MEN(SINGLES) KARTHIK SUBASH – CRRI DOUBLES KARTHIK SUBASH – CRRI & VIJAY THIRAVIYAM - CRRI	RUNNER RUNNER	INTER MEDICAL – STATE LEVEL, Organised by Govt. Kilpauk Medical College.
2016	TABLE TENNIS – WOMEN(SINGLES) M.NAVEENA-II DOUBLES M.NAVEENA-II & S.ASHWINI-CRRI	RUNNER RUNNER	INTER MEDICAL – STATE LEVEL, Organised by Govt. Kilpauk Medical College.
2016	BADMINTON – WOMEN MERLYN SNIKY-III, AARTHY-III & S.P.SUSHMITHA-III	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by Govt. Kilpauk Medical College.
2016	ATHLETICS – MEN TRIPLE JUMP-R.CHOZHAN-I	SILVER	INTER MEDICAL – STATE LEVEL, Organised by Chettinadu Medical College.
2016	TABLE TENNIS - MEN KARTHIK SUBASH – CRRI & VIJAY	WINNER	INTER MEDICAL – STATE LEVEL, Organised by Chettinadu Medical

	THIRAVIYAM - CRRI		College.
2016	CHESS – WOMEN	WINNER	
	P.MONISHA-III, M.KARTHIGA-III &	AAIIAIAEN	Organised by Chettinadu Medic
	OVIYA-II		College.
2016	TABLE TENNIS – WOMEN	RUNNER	
	M.NAVEENA-II & S.ASHWINI-CRRI	KONNEK	Organised by Chettinadu Medic
			College.
2016	CARROM – WOMEN	RUNNER	
	S.ARCHANA-III, K.NAGADIVYA-III &	KOMMEK	Organised by Chettinadu Medic
	M.RAMYA - III		College.
2015	CARROM - WOMEN	WINNER	
	(T.S.KEERTHANA & B.VINITHA)	AAIIAIATI	Organised by STANLEY MEDICAL
			COLLEGE
2015	CARROM - WOMEN	WINNER	INTER MEDICAL – STATE LEVEL,
	(T.S.KEERTHANA & B.VINITHA)	AAIIAIALI	Organised by SRI RAMACHANDR
			UNIVERSITY.
2015	CARROM - MEN	RUNNER	INTER MEDICAL - STATE LEVEL,
	(SRINIVASAN & DEEPAK)	HOMEL	Organised by SRM MEDICAL
			COLLEGE & RESEARCH CENTRE.
2015	CARROM - WOMEN	WINNER	INTER MEDICAL - STATE LEVEL,
	(T.S.KEERTHANA & B.VINITHA)	- TO MONUER	Organised by SRM MEDICAL
	-		COLLEGE & RESEARCH CENTRE.
2015	CARROM - MEN	WINNER	INTER MEDICAL – STATE LEVEL,
	(JAYABARATHI & SANJAYSHARMA)	, viii viii Lii	Organised by SRM MEDICAL
2045			COLLEGE & RESEARCH CENTRE.
2015	CARROM - WOMEN	RUNNER	INTER MEDICAL - STATE LEVEL,
	(K.NAGADIVYA & ARCHANA)		Organised by SRM MEDICAL
2015	TABLE	10.00	COLLEGE & RESEARCH CENTRE.
2012	TABLE TENNIS – WOMEN	WINNER	INTER MEDICAL - STATE LEVEL,
	(S.RAMYA,S.ASHWINI & BANUSRI)		Organised by SRM MEDICAL
2015	CHECK MEN		COLLEGE & RESEARCH CENTRE.
.013	CHESS - MEN	RUNNER	INTER MEDICAL - STATE LEVEL,
	(HARIHARAN, JAYABARATHY & SRINIVAS)		Organised by SRM MEDICAL
015			COLLEGE & RESEARCH CENTRE.
.013	ATHLETICS - WOMEN		INTER MEDICAL - STATE LEVEL,
	2000 METERS : SOWMIYA	GOLD	Organised by SRM MEDICAL
	800 METERS: SOWMIYA	SILVER	COLLEGE & RESEARCH CENTRE.
016	KARATE – MEN	GOLD	STATE: 33rd TAMILNADU STATE
	(S.SURYA PRAKASH)	GOLD	SUB JUNIOR CHAMPIONSHIP
			HELD AT KUMARAGURU COLLEGE
			OF TECHNOLOGY, COIMBATORE.
014	TABLE TENNIS - WOMEN	RUNNER	INTER MEDICAL – STATE LEVEL,
	(S.ASHWINI & S.BANU SHREE)	HOINELL	Organised by CHENGAL PET
			MEDICAL COLLEGE.
)14	CARROM - WOMEN	RUNNER	INTER MEDICAL – STATE LEVEL,
	(T.S.KEERTHANA & B.VINITHA)	OIAIALII	Organised by CHENGAL PET
			MEDICAL COLLEGE.

2014	TABLE TENNIS – WOMEN (S.ASHWINI & S.BANU SHREE)	WINNER	INTER MEDICAL – STATE LEVEL, Organised by KILPAUK MEDICAL COLLEGE.
2014	CARROM – WOMEN (T.S.KEERTHANA & B.VINITHA)	WINNER	INTER MEDICAL – STATE LEVEL, Organised by KILPAUK MEDICAL COLLEGE.
2014	BADMINTON – WOMEN (K.NITHYA & V.SREEJA)	WINNER	INTER MEDICAL – STATE LEVEL, Organised by KILPAUK MEDICAL COLLEGE.
2013	TABLE TENNIS – MEN (KARTHIKSUBASH, VIJAY THIRAVIAM,ANANTHA RAMAN & SWISS RAJA)	RUNNER	INTER MEDICAL – STATE LEVEL, Organised by STANLEY MEDICAL COLLEGE.
2013	ATHLETICS 400 METERS - KAVINILAVU HIGF JUMP - JAPHEREENA JAVELIN - RANJUTHA 4*100 MTS. RELAY - JAPHEREENA, ABIRAMI, DHIVYA & KAVINILAVU	SILVER BRONZE BRONZE SILVER	INTER MEDICAL – STATE LEVEL, Organised by STANLEY MEDICAL COLLEGE.

R.RAGUNATH Director of Physical Education



TAGORE MEDICAL COLLEGE AND HOSPITAL

RATHINAMANGALAM, CHENNAI – 127.

DEPARTMENT OF PHYSICAL EDUCATION

SPORTS & GAMES FACILITIES AVAILABLE AT OUR COLLEGE PREMISES

Available Area for Ground(Sports & Games) - 8 Acres

SPORTS/C	GAMES
<u>OUTDOOR</u>	INDOOR
CRICKET - 1 GROUND	CHESS
CRICKET PRACTICE NETS- 2 NETS	CARROM
FOOT BALL 5's - 1 FIELD	TABLE TENNIS
VOLLEY BALL - 2 COURTS	GYM IN HOSTEL
THROW BALL - 2 COURT	
TENNIKOIT – 1 COURT	
ATHELETICS- TRACK & FIELD(200 Mts.)	
KHO KHO – 1 COURT	
KABADDI – 2 COURT	

R.RAGUNATH Director of Physical Education



RATHINAMANGALAM, CHENNAI - 127.

DEPARTMENT OF PHYSICAL EDUCATION

3rd ANNUAL SPORTS MEET – PORKALAM' 2019 POINTS TABLE

OVER ALL POINT TABLE

	I YEAR	II YEAR NEW	II YEAR	III YEAR	IV YEAR	CRRI
GAMES POINTS	190	30	190	120	210	170
ATHLETICS POINTS	11	31	195	40	220	0
GRAND TOTAL	201	61	385	160	430	170

ATHELETIC: INDIVIDUAL CHAMPIONSHIP

MEN:- AAKASH. K (IV YEAR) - 17 POINTS

BALAMURALI (IV YEAR) - 17 POINTS

WOMEN:- KEERTHANA (II YEAR OLD) - 20 POINTS



RATHINAMANGALAM, CHENNAI - 127.

DEPARTMENT OF PHYSICAL EDUCATION

3rd ANNUAL SPORTS MEET – PORKALAM' 2019 POINTS TABLE

EVENT			I	MEN	The La		WOMEN						
	I YEAR	II YEAR (N)	II YEAR	III YEAR	IV YEAR	CRRI	I YEAR	II YEAR (N)	II YEAR	III YEAR	IV YEAR	CRRI	
100 Mts			10		7+4	W. M. W.			10.7				
200 Mts			4		10+7	1	1	<u> </u>	10+7		4		
400 Mts			4	1	10+7	 			10		7+4		
800 Mts				Lagrange and the second	1017	<u> </u>		-	4		10+7		
1500 Mts			4		10+7	1			10+7	<u> </u>	4	<u></u>	
SHOT PUT		7	Name of the state	4	10	 		T	10.7				
DISCUS		4		10	7		=		10+7	4	-		
JAVELIN	4			7	10		7		10+7	7			
4 X 100 MR		10	15		20		 ' -		4		10		
4 X 200 MR		10	15		20	Land to the second	1		20	4	15		
4 X 100 Mts MIXED MEDLEY RELAY			20	en de sans	15				20	4	15		
ΓΟΤΑL	4	31	72	21	144		7		123	19	76		

AGORE MEDICAL COLLEGE & HOSPITATION POR

POINTS:-

GAMES:

WINNER - 40 POINTS & RUNNER - 30 POINTS

ATHLETICS:

FIRST - 10 POINTS, SECOND - 07 POINTS & THIRD - 04 POINTS

RELAY: FIRST - 20 POINTS, SECOND - 15 POINTS & THIRD - 10 POINTS

RATHINAMANGALAM, CHENNAI - 127.

DEPARTMENT OF PHYSICAL EDUCATION

3rd ANNUAL SPORTS MEET - PORKALAM' 2019

POINTS TABLE

EVENT			M	EN			WOMEN					
	I YEAR	II YEAR(N)	II YEAR	III YEAR	IV YEAR	CRRI	I YEAR	II YEAR(N)	II YEAR	III YEAR	IV YEAR	CRRI
CHESS	40+30 =70								40			30
CARROM			111111111111111111111111111111111111111		40+30 =70		30					40
TABLE TENNIS		-		40	****	30		30				40
THROWBALL		l	<u> </u>	L			1			40		30
кно кно			and the second			X	30				40	
VOLLEYBALL			40		30							
CRICKET			30		40			in the second se		51 - FIII	15.33	
FOOTBALL	30			40						•		
BADMINTON			40		30		30		40			
TOTAL	100		110	80	170	30	90	30	80	40	40	140

- Lummer

DEAN
TAGORE MEDICAL COLLEGE & HOSPITAL
RATHINAMANGALAM, MELAKOTTAI DUR POST,
CHENNAI-600 127.